

# THE POST

Edition 54 - 1 April 2024

[www.hkpost.com.au](http://www.hkpost.com.au)

## EXCLUSIVE



Tina Brown, Publisher: Dismayed and disgusted arriving early to witness two Councillors already checked in ahead of time.



## Ku-ring-gai Council's Luxury Escape at Rate Payers Expense

*Anzac Day / Land Concerns at The Royal North Shore Hospital / HKCC Course Guide Inside / What's the Fate of Lizard Rock? / Hornsby Council Deputy Mayors Monopoly / Lot's More!*

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**Joanna Magee**  
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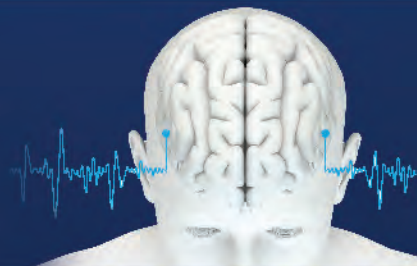
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## Editor's Word

Tina Brown

Welcome once again to all our readers.

In this edition, I'm pleased to share with you a much-awaited story we broke on the March 4th regarding Ku-ring-gai Council's exquisite outing amidst a cost of living crisis.

I would like to thank Claudia Butjerevic for her hard work and dedication in bringing this story to our community. You will not find this story anywhere else.

Every action has its consequences and it's thanks to Councillor Barbara Ward's words on International Women's Day that led my decision to draw further attention to the story on the front page of this edition.

The Post has observed that several Facebook pages, touted as being there for the community, refused to run the story when we dropped it online. I find this to be anti-democratic, and now question the motives of the page administrators and what their purpose is across the community.

The purpose of public interest independent journalism is to hold those in power to account for their actions and choices. In this edition, we are calling on those of you who value the publication to shout Claudia a coffee as a way of showing your support for democracy, hyperlocal journalism, and appreciation. We've included a QR code within the edition for donation.

On Friday 8th March, The Post held a wonderful event at Magpies Waitara, where the attention to detail is always appreciated, and we raised funds for the Ku-ring-gai Youth Development Service. I'd like to thank all of the supporters and you can read about how the day went in the community pages.

April is ANZAC Day and there will be many events taking place across the North Shore and Beaches as we remember those that made the ultimate sacrifice.

Lest We Forget.



**JULIAN LEESER MP**

*Federal Member for Berowra*

To learn more about the Anzacs, please visit [anzacportal.dva.gov.au](http://anzacportal.dva.gov.au)

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

### Without Fear or Favour!

**The Post stands as the exclusive provider of hyper-local independent journalism and opinion pieces addressing community issues. Our inception amidst the Covid era was spurred by the dearth of quality journalism within the community, and our relevance persists.**



***They shall grow not old,  
as we that are left grow old;  
Age shall not weary them,  
nor the years condemn.  
At the going down of the sun  
and in the morning  
We will remember them.***

***Lest we forget***

### Support Local Journalism

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Claudia is the lead Journalist with The Post. It's thanks to Claudia that we can share unique news content from across our diverse community with you each month.

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**ANZAC DAY**  
*Lest We Forget*

Authorised by P. Fletcher MP, Liberal Party of Australia, Suite 1, Level 2, 280 Pacific Hwy, Lindfield NSW 2070.

## "At the Going Down of the Sun" by Local Author Mary-Anne O'Connor

By Claudia Butjerevic

Those who do not know history are doomed to repeat it.

Mary-Anne O'Connor, a novelist based in northern Sydney, brings stories of the First World War in her new book "At the Going Down of the Sun".

Remembering the tragedies of war, especially as conflict strikes presently across the globe, shows our respect for the servicemen and women who sacrificed, while allowing us to garner a deeper understanding of the complex nature of war.

In her newest book, Mary-Anne brings the tale of Australian pilots in Gallipoli and the Western Front, and the unlikely friendships they formed with enemy air

forces. Mary-Anne writes of the courage and sacrifice of Australian soldiers as they experienced the horrors of Gallipoli, and how still after they reenlisted for the conflict at the Somme.

Her novel is historical fiction, a compelling mix of true fact with fiction for an engaging recount.

After extensive research, Mary-Anne brings these stories to the world, fighting against time to prevent important tales fading away.

The Post will publish an article in our May edition reviewing "At the Going Down of the Sun" by Mary-Anne O'Connor.



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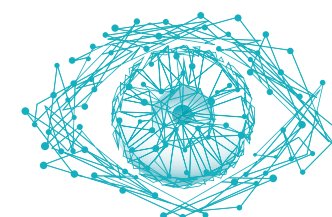
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# Musical Chairs for Deputy Mayors - at Hornsby Shire Council

By Claudia Butjerevic

During the February General Meeting for Hornsby Shire Council, Councillor Nathan Tilbury was elected Deputy Mayor yet again in an unsurprising turn of events.

Cr Tilbury's position as Deputy Mayor will remain until the end of this council's term, at the upcoming local elections in September where upon the community of Hornsby will decide.

Cr Tilbury has served on Council as a Ward A representative since 2012, and continues to be involved in political spaces, working in the office of the Member for Hornsby, Matt Kean. Cr Tilbury is seemingly ever the bridesmaid and never the bride, he is seen closely shadowing Mayor Philip Ruddock and Member for Hornsby, Matt Kean.

Two nominations were made for the Deputy Mayoral position, for Cr Nathan Tilbury and Cr Emma Heyde, who received five and four votes for Deputy Mayor, respectively.

Astoundingly, Hornsby Shire Council has not seen a female Mayor since Nan Horne's appointment in 1990, and a female Deputy Mayor since 2007 with Felicity Findlay.

Over the last ten years, Cr Tilbury has been elected Deputy Mayor twice, in 2013 and in 2022. Other previous Deputy Mayors included former Councillor Gurdeep Singh in 2014, former Councillor Michael Hutchence from 2015 to 2016 and again from 2019 to 2021, former Councillor Vince Del Gallego from 2017 to 2018, and Councillor Warren Waddell from February 2023 to February 2024.

Well known and active for over 20 years in the Hornsby community is Cr Janelle McIntosh who was first elected to Council in 2004 for one term and re-elected in 2017 and again in 2021.

Surely a councillor with a long history and deep roots in the community also deserves a shot at Deputy Mayor. And then there's Cr Emma Heyde, a very highly respected candidate for Mayor in 2017 and again in 2021 who then pulled strong numbers at the polls.

So why do the Liberal Councillors only vote in male Deputy Mayors where the females outnumber the male councillors 6 to 4 in Hornsby?

Hornsby Shire Council has a popularly elected Mayor, unlike neighbouring Councils where the Councillors elect the Mayor. The Deputy Mayor is then elected

by the Councillors.

Mayor Philip Ruddock has been Mayor since 2017. The question is, upon this his 81st year, who is likely to succeed the long-standing Liberal Mayor in September this year?

The Post wishes Cr Nathan Tilbury well as Deputy Mayor. However, the current trend of electing only men into the Deputy Mayoral position ignores a broader societal push for gender balance in leadership roles.

The population of Hornsby Shire is 51% female, so where is the recognition of the benefits of diverse perspectives in governance and decision-making. It stands to reason that a female councillor should have been elected for the Deputy position given a male holds the Mayoral position especially given the lack of female representation in this role to date.

Encouraging women into local government leads to more representative and comprehensive approaches to community challenges and opportunities.

The Post is keenly watching to see if a female Mayoral candidate will surface in the September local government elections.

In the end Hornsby benefits from equality.

## Lost Opportunity for Artarmon's Children

OPPORTUNITY class (OC) places at Artarmon Public School are set to be slashed in half from next year.

The revelation of the Minn's Labor Government's cut of 30 OC places at Artarmon Public were revealed in the Sydney Morning Herald in March and strongly condemned by the Member for Willoughby Tim James.

"The opportunity classes at Artarmon Public have for decades held a high reputation for delivering our children with a quality, high standard education with academic rigour," Mr

James said.

"It's extraordinary that this Labor Government has reduced the educational opportunities available to our local children. Giving our children the best start in life must be a priority."

Currently Artarmon Public has four OC classes – two classes in both Years 5 and 6. Under the changes this would ultimately be reduced to one class in each year.

"The government should be investing in our education system and building up opportunity for all our children, not penny pinching from one community's children to

help another's."

Mr James asserts that the places are "being ripped from Artarmon and being moved to other areas in the state where the entry requirements will be lower."

Mr James calls on the government to reverse this damaging decision as it could force locals to move out of the area to gain these valuable opportunities.

"I have written to the Minister for Education Prue Car seeking an urgent briefing on these changes and the implications for the school and our community," Mr James concluded.

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📍 Shop 26, 145-151 Sailors Bay Road, Northbridge NSW 2063



Authorised by Tim James MP, Shop 26, 145-151 Sailors Bay Rd Northbridge NSW 2063. Funded using parliamentary entitlements.

# Land Selling Concerns Again for Royal North Shore Hospital

By Claudia Butjerevic

The fate of the Royal North Shore Hospital is looking grim for some concerned citizens.

In 2023, the Northern Sydney Local Health District (NSLHD) put forth the RNSH Campus Masterplan. The document is a strategic plan for the next forty years, from 2023-2063, identifying zones for both clinical and non-clinical long-term expansion.

The Plan identifies the site of the eastern portion of the campus as a primary zone for clinical expansion, due to its proximity to the existing infrastructure. At the same time, the southern portion of the campus has been identified for "supportive service" expansion – carer accommodation, retail, corporate offices.

Property and Development NSW (PDNSW) owns the land to the south of the campus. Concerned citizens are outraged that the land was given to PDNSW, as that

land is now out of the scope of the NSLHD.

'Over the years, two parcels of hospital land have already quietly been transferred from the Health portfolio to Property and Development NSW,' says a spokesperson from the SAVERNSH community group. 'The community would like to see the vacant parcel of land moved BACK to the Health portfolio and used for clinical services.'

Land selling has been a recurring issue for the Royal North Shore Hospital, where in 2021 the NSW Government proposed a 45 storey mixed use development on the site fronting Herbert Street.

Willoughby City Council released a statement assuring the community Council would write to the then Liberal Premier and key ministers to preserve the lands for future hospital growth.

'Council's concerns include the bulk and scale of the buy-to-rent tower, overshadowing of and loss of view from the nearby residential development and public open space

areas,' wrote Willoughby City Council.

Community group SAVERNSH are further dissatisfied with the Masterplan due to the NSW Government's impending housing policy changes, which will see development around rail stations, and believe the Plan does not meet future demands of Sydney's growing population.

'The Royal North Shore Hospital Master Plan ... is an attempt by the state government to take a public facility and monetise it to solve short term political problems, rather than prepare the site to meet the medical needs of the future,' says SAVERNSH.

*The Royal North Shore Hospital Masterplan is available to view online at [www.nslhd.health.nsw.gov.au/AboutUs/Documents/2023/231108-RNSH-MP-REPORT.pdf](http://www.nslhd.health.nsw.gov.au/AboutUs/Documents/2023/231108-RNSH-MP-REPORT.pdf)*

## Commemoration Sunday

21st April - Service at 12:00

## Anzac Day

25th April - Thursday

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Grand Ballroom

14:00 - 17:00

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them  
Lest we  
forget



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# What's Happening at Lizard Rock?

By Claudia Butjerevic

Possible development at “Lizard Rock” is stirring the community.

Formally Crown land, the Metropolitan Local Aboriginal Land Council (MLALC) was granted the 71-hectare site following the Aboriginal Land Rights Act 1983 to compensate Aboriginal peoples for their historic dispossession.

The MLALC have multiple land holdings across the Northern Beaches Local Government Area.

MLALC submitted a Planning Proposal in October of 2022 to the Department of Planning and Environment. Originally named Lizard Rock, the proposal was retitled to the “Patyegarang Planning Proposal” to be more culturally appropriate.

A Gateway Determination was issued in June 2023 to have the proposal put forward to public exhibition.

Northern Beaches Council have been outspoken in their opposition to the proposal, claiming extreme risk in the destruction of “45 football fields” of bushfire prone land.

Council raised concerns with the planning proposal, outlining that the time frame for consultation was too short to be meaningful; that there were inconsistencies with the documentation as the proposal mentioned 450 “dwellings” in some sections, while the term 450 “lots” were used in others; the loss of biodiversity; and that the proposal was inconsistent with established housing strategies for the LGA.

‘Council wholeheartedly supports the



Lizard Rock's (Belrose) future is under question as the housing crisis worsens. Image courtesy Northern Beaches Council.

intent of the Aboriginal Land Rights Act but we cannot condone this particular proposal due to the extreme risks and impacts it presents,’ wrote Northern Beaches Council in an October 2023 release.

Member for Wakehurst and former Mayor of Northern Beaches Council, Michael Regan, is similarly displeased with the Patyegarang Planning Proposal.

‘Myself, other neighbouring state MPs, local Federal MPs, the Northern Beaches Council and local residents all oppose development at this site,’ says Michael Regan. ‘The Minns Government needs to kill this proposal off and find alternative sites for the developer.’

“Lizard Rock” was formerly under the electorate of Davidson, though since March of 2023 is now under the Wakehurst federal electorate. Member for Davidson, Matt Cross, has reservations concerning the development.

‘Before the March 2023 election, a re-elected Perrottet Liberal-Nationals Government made the election commitment to protect this bushland,’ says Matt

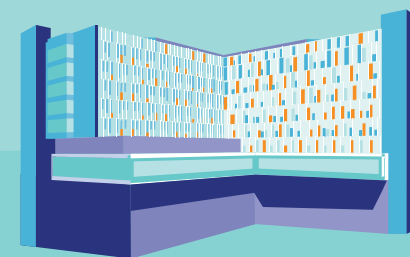
Cross. ‘I call on the Minister for Planning and Public Spaces, Paul Scully, or his delegate, who will be a final authority to determine if and how the land is rezoned, to not approve this proposal.’

Public exhibition submissions ended in November 2023, with a decision on the matter still pending. The MLALC are awaiting a finalisation assessment following the public exhibition, where the proposal is said to be updated to account for community and stakeholder concerns. If successfully approved, the next step would involve producing and submitting a Development Application.

The Post has reached out to the MLALC for comment. At the time of publication, a response has not been provided. Any response will be updated in a future edition as we continue to bring the news to our community.

*How does the community feel about this issue? Please send your feedback to [editor@hkpost.com.au](mailto:editor@hkpost.com.au)*

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# Ku-ring-gai Council ... Convent Capers...



The opulent reception area at the Convent Hunter Valley as pictured in Luxury Escapes

By Claudia Butjerevic

For a Council that cannot find funds to support community requested projects, Ku-ring-gai seem to have no qualms spending on a Councillor "getaway".

The Post observed Ku-ring-gai Councillors and staff filtering into an exclusive, luxury accommodation, relaxed and smiling, on the 3rd of March for a two-night stay. Publisher of The Post Tina Brown had witnessed the arrival.

Two Councillors were not in attendance – Deputy Mayor Christine Kay from the St Ives Ward, and Cr Jeff Pettett of the Comenarra Ward.

Labelled as a "Councillors' Workshop", the agenda included housing policy, tree canopy preservation, progress and achievements over the Council's term, challenges and priorities, corporate planning, budget assessment management, significant updates, and organisational improvement.

The cost of the workshop, as The Post understand it, is estimated to have been at least 20,000 dollars.

This seems reasonable once you take into account the complimentary tea and coffee on arrival, with views of wineries and a rolling golf course. Not forgetting a conference menu that features pan seared grouper, lilliput capers, and pomme fondant. Of course, ratepayers across Ku-ring-gai have had to foot the bill.

If the need for such a boutique luxury conference wasn't peculiar enough, Councillors were spotted arriving with family members. With such a stacked agenda covering housing policy to asset management, it's hard to imagine how Councillors could have possibly carved out the time to enjoy the company of their families.

It becomes more peculiar still when looking at surrounding councils and their planned conferences, which don't involve overnight stays, spousal presence, or luxurious food and activities.

'Council holds an annual Councillor

strategic day, usually in February,' says Hornsby Shire Council spokesperson. 'Last year, this took place at the Storey Park Community Centre, where it will be likely held again in 2024.'

'In 2023, Council used a community facility, the Zenith Centre meeting rooms in Chatswood to hold a full day strategic planning workshop on financial sustainability,' says Willoughby City Council.

Ku-ring-gai Council appears to recognise that the economic health of the community is teetering, with Council passing a motion during the Ordinary Meeting on February 20th regarding community relief for cost-of-living pressures. It has been unanimously endorsed by all Councillors that an unbudgeted amount of 150,000 dollars will become available to local well known charitable organisations.

However, Council is seemingly forgoing community needs and awaited projects, namely Marian Street Theatre and the Lindfield Village Hub, and instead using funds to remove benches on moral grounds,

## The Post Exposes Ku-ring-gai Council's Luxury Escape



and hosting multiple Extraordinary meetings before their monthly Ordinary meeting has taken place. The unfocused, futile workings of Council is a testament to a lack of executive maturity, especially with only a handful of months left before caretaker mode and this year's Council elections.

What's more, it is strange Council had decided to travel in lieu of investing in local establishments. The Post can reveal that enquiries were made to the local Killara Hotel and Suites who had confirmed availability of the dates at a fraction of the cost. Questions on the necessity of having an elaborate, expensive workshop outside of the local Ku-ring-gai area are worth answering, considering Council support of the "Go Local First" campaign during the pandemic.

Cont'd page 13

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## The Post Exclusive

*This story broke online on Monday 4th March 2024.*

*Within 24 hours it was our most read online story since The Post started nearly 4 years ago!*

[www.hkpost.com.au](http://www.hkpost.com.au)

Pictured below, On Sunday a pre 'workshop' dinner saw Councillors and staff treated to an evening at ERemo in Pokolbin at 6.30pm. Enjoying an evening of fine dining and boutique wines at the rate payers expense.







To lodge, view and track the latest Development Applications in your area please visit: [hornsby.nsw.gov.au/property](https://hornsby.nsw.gov.au/property)



## from the Mayor's Desk

As a council, we are passionate about preserving our unique environment to ensure our beautiful Bushland Shire remains for future generations. In addition to Council's own programs, initiatives and strategies, we present a range of events and activities for our community to support people to live more sustainably.

Waste is a problem of particular significance, and so this month, we are presenting a series of events encouraging you recycle and reuse items rather than sending them to landfill. On 14 April, you're invited to attend our 'Second Hand Hornsby Market' at the new Coronation StrEAT space in Hornsby, when 30 store holders will sell their high-quality second-hand items. Come along and pick up a bargain!

Throughout the rest of the month, there are events teaching you how to mend your clothes, repair your furniture and electronics, and create a recycled kitchen garden. Our regular series of solar webinars and workshops returns with a webinar unpacking the basics of how to get the most from solar. Check out our ad below and visit the What's On section on our website to find out more – [hornsby.nsw.gov.au](https://hornsby.nsw.gov.au).

NSW Youth Week 2024 runs from 11 to 21 April, when we focus on supporting our young people and giving them the opportunity to have their voices heard. This year's theme is 'Express. Empower. Get Loud!', and we have a range of exciting free events for youth aged 12-24 to come together and celebrate. Featuring a movie night, skate competition, art prize and more, there's lots to get involved in. Visit [hornsby.nsw.gov.au](https://hornsby.nsw.gov.au) for more information.

As we head further into autumn, sportspeople young and old are excited to embark on a new season of winter sports. And at Council, we've been busy getting everything prepared at our 37 sportsground venues across the Shire. Grass has been cut, nearly 50km of line markings have been applied, 55 pairs of goals have been installed and 18 cricket wickets covered. I'd like to take the opportunity to wish all the clubs and players all the best for the new season and thank all the staff and volunteers who play a significant role in community sport.

**Philip Ruddock AO**  
Mayor, Hornsby Shire Council

## What's on

**Food Truck FRIDAYS**

**GET READY FOR THE WEEKEND  
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IN YOUR SHIRE**

**FRIDAY NIGHTS IN APRIL  
GALSTON AND CHERRYBROOK  
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**Express Empower Get loud! NSW**

**Celebrate Youth Week in Hornsby Shire with FREE events for ages 12-24**

**11-21 April 2024**  
[hornsby.nsw.gov.au/youthweek](https://hornsby.nsw.gov.au/youthweek)

**Second Hand HORNSBY Market**

**Sunday 14 April, 9am-1pm**

Coronation StrEat, Hornsby  
Jersey Lane car park, Hornsby

[hornsby.nsw.gov.au/market](https://hornsby.nsw.gov.au/market)

**'YOUR SAY' HORNSBY**

JOIN THE CONVERSATION

**WASTE EVENTS**

**Chipping for Mulch - Mt Kuring-gai**  
Sunday 14 April, 7.30am-12.30pm  
5 Beaumont Road, Mt Kuring-gai

**Your Recycled Kitchen Garden**  
Thursday 18 April, 10am-12.30pm  
Thornleigh Community Recycling Centre

**Repair Cafe - Furniture and Electronics**  
Saturday 27 April, 11am-1pm  
Storey Park Community Centre, Hornsby

**Clothes Mending**  
Saturday 27 April, 10.30am-12pm  
Storey Park Community Centre, Hornsby

[hornsby.nsw.gov.au/waste](https://hornsby.nsw.gov.au/waste)

**CLASSIFICATION OF PUBLIC LAND**

3 Gloria Close, Mount Colah  
Submissions close: Friday 5 April  
[yoursay.hornsby.nsw.gov.au](https://yoursay.hornsby.nsw.gov.au)

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# Ku-ring-gai Council Capers...

## ...When only the best will do for Ku-ring-gai Council

*The lavish luxury escape - The Convent is described as "a luxury boutique hotel in the Hunter Valley, a renowned haven for relaxation and a delight of gourmets... boasting the largest concentration of cellar doors in the state."*



The Convent: On Sunday 3rd March, Tina awaited the arrival of Councillors and staff from Ku-ring-gai Council (at her own expense of course!) Inset: On the verandah incognito! Convent Images Courtesy Luxury Escapes.

After questions on the reason for not using local facilities, and whether ratepayers were fully funding the conference, a Council spokesperson had responded on the 4th of March, 'Councillors and senior staff have met once a year offsite for many years. It is productive and achieves good outcomes for the Council.'

Since this response, The Post has again questioned Council on the necessity of such an extravagant conference, though no further reply has been given.

The Post additionally reached out to all Councillors individually for comment. Two

of the ten Ku-ring-gai Councillors responded. Cr Cedric Spencer of the Wahroonga Ward gave no explanation, and answered no questions in his reply.

Cr Jeff Pettett, who did not attend the workshop, said, 'I did not attend this workshop as I was quite concerned with the cost to ratepayers and that the workshop was not needed given that we have council elections in September of this year. Historically, there is a 50% turnover of councillors at each election meaning a number of the councillors that attended this Hunter Valley workshop will not be there post the election. We are in a cost of living crisis and

having a Hunter Valley workshop does not sit well with the wider community as a good use of ratepayers' money.'

Councillors, it would be lovely if you stayed inside Ku-ring-gai's footprint! On behalf of the community, The Post calls for an explanation for this extravagance.

The Post would love to know how the community feels about this luxury conference.

*Comments should be directed to  
[Editor@hkpost.com.au](mailto:Editor@hkpost.com.au).*

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## From the Mayor



I am keen to share some of council's improvements in recent months.

Councillors regularly get contacted by residents who believe that their phone or email queries had not been responded to. I asked for a customer service audit, and the review identified improvements to our training, procedures and systems which will lead to more timely responses in the coming months.

Residents have also shown concern about the ongoing loss of tree canopy and habitat destruction. While State law limits the scope of Council's response, we have recently introduced order provisions under the EP&A Act to require replacement planting of illegally removed trees, with regular follow-ups and fines if the order is breached.

As for our asset infrastructure backlog, we have identified new methods which may significantly bring down the cost of maintaining our ageing stormwater infrastructure. We expect overall savings of close to \$100m. This will put less strain on future spend, and more detail will be provided in the coming months.

Following the introduction of our library app, we are now investigating the provision of an app to cover broader council services. Watch this space.

Internally, councillors are also getting better follow-up to their queries, regular activity updates, and a proactive approach to regulatory change.

I know that there is further scope to improve, and we must push forward.

Our greatest challenge is the State Government's one-size-fits-all approach to housing. Through multiple meetings with the State Department and Planning Minister, they have not offered a timeframe and approach that is in line with community expectations. If these changes come through in April and July, it will at least double the dwellings across all of Ku-ring-gai and to date we have had no commitment on funding to fix existing infrastructure bottlenecks. We want to ensure that any uplift is backed by planning and funding for much-needed infrastructure and amenities.

Many in our community will be celebrating Easter, Passover and Ramadan. On behalf of Council I wish you all an enjoyable and peaceful time with family and friends.

You can contact me at [mayorpa@krg.nsw.gov.au](mailto:mayorpa@krg.nsw.gov.au)

**Mayor Sam Ngai**



### April school holiday care

Our Vacation Care program offers children arts, crafts, games, sports, excursions and other great experiences during school holidays. We have activities in three centres across Ku-ring-gai coordinated by professional and caring staff.

Find out what's on offer in the April school holidays at

[krg.nsw.gov.au/schoolholidays](http://krg.nsw.gov.au/schoolholidays)

Please book early as spaces fill quickly.



### Sound Waves: Band Night

Start the school holidays off strong and join us for a night of live music featuring talented youth bands!

Enjoy free yummy food, pop-up games and admire urban art crafted by local young talent.

All guests go into a draw to win a \$100 Westfield gift card!

**Friday 12 April**  
6pm - 8.30pm

This is a FREE event part of our Youth Week celebrations.

All ages, drug and alcohol-free.

**St Ives Community Centre**  
Memorial Avenue, St Ives

Enquiries: **9424 0837**

### Council meetings and public forums

The next Council meeting will be on **16 April**

The next Public Forum will be on **9 April**



### Let's make Ku-ring-gai Dementia Friendly

Over the next few months, we will have:

- Expos showcasing organisations that provide advice and services for people living with dementia and their families and carers
- Information sessions about reducing your risk of dementia and strategies for living well
- Information and resources in various community languages
- Specific information on younger onset dementias and Chronic Traumatic Encephalopathy (CTE)

Keep an eye out for further news about our activities. A collaboration between **Ku-ring-gai Dementia Alliance**, **KNC Care** and **Ku-ring-gai Council** with a grant from **NSW Dept Communities & Justice**.

Enquiries: [seniors@krg.nsw.gov.au](mailto:seniors@krg.nsw.gov.au)



[krg.nsw.gov.au/heritagefestival](http://krg.nsw.gov.au/heritagefestival)



# The Minns Wrecking Ball Protests

By Riley Warner

March 12th marked the start of what could be a train of community protests across Sydney in a bid to push back the controversial Transport-Oriented Development scheme (TOD), which targets medium and high-density apartment builds, with North Shore residents at the front of much of the push back.

Residents may have noticed the 'Minns Wrecking Ball' signs recently erected around train stations and local shop strips. These signs are hard to miss and represent a community group that is taking action to support their cause. The first protest was held in front of the NSW Parliament in the Domain, and more protests may follow.

A mix of residents from the Inner West, Blue Mountains, Hills Shire, and North Shore came together with banners and posters in hand, anxious about the possibility of their local community being destroyed or permanently changed by developers.

The term 'not in my backyard' or, more commonly, 'NIMBY' undoubtedly became the general energy among the crowd. While

The Post - Edition 54, 1 April 2024



A crowd of around 100 people gathered on 12 March 2024 to protest against the controversial Transport Oriented Development scheme (TOD) as witnessed by The Post's Journalist.

community activism is always admirable, the protest seemed more about keeping the developments out of protesters' localities than a genuine concern for affordable housing or the housing crisis itself.

Partnering an ageing population with a growth in young families seeking housing, it seems more than necessary that the government endeavour to make something practical happen.

Understandably, the landscape change will never sit quite comfortably with Sydneysiders who have lived most of their lives in Sydney; many would be happy for Sydney to remain the exact way it is from now on. However, the changes need to happen to give young people and new families a chance to share that same sense of security.

Threatening with a wrecking ball suggests the destruction of Sydney as we know it a metaphorical stretch, but the protesters' opinions were heard.

However, with pressure to fix a growing housing crisis, the question remains: Are these protests helpful in any way? What solutions do they offer besides a staunch 'No' to the housing crisis?

We are continually told that something needs to be done and that exploring other viable options would be a better approach to the housing crisis. But the reality is that the majority against NSW Premier Chris Minns' development scheme are not bringing any other practical alternatives to the table, rather than remaining completely anti-development.

Nevertheless, the demonstration saw some notable speakers, including Member for Bradfield Paul Fletcher, Member for Wahroonga Alistair Henskens SC, MP, and Mayor of North Sydney Zoë Baker.



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## IN FOCUS: ALL-INCLUSIVE DANCE EVENTS THIS AUTUMN

Dance to the Nines, our all-inclusive disco held in March was yet again a huge success. The event not only provided a joyous and cheerful atmosphere for participants, it fostered social inclusion and connectedness among attendees. Discobility, our all-inclusive youth event, is being held this month and returns with a GLOW theme! Council would like to extend its heartfelt appreciation to the hardworking community members and dedicated volunteers who contribute to the overwhelming success of our all-abilities events. Their unwavering support and dedication have made these events a testament to the spirit of inclusivity and community unity. To find out more and to book a ticket to this under 18s disco scan the qr code or visit [www.willoughby.nsw.gov.au/Eventbrite/Discobility-GLOW-Vibes-829794586947](http://www.willoughby.nsw.gov.au/Eventbrite/Discobility-GLOW-Vibes-829794586947)



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## CYC HOLIDAY PROGRAM

With the Autumn school holidays fast approaching Chatswood Youth Centre (CYC) has a variety of engaging activities to get our youth out of the house, off their devices and connecting with the community. Come along and get involved in a barista course to gain the skills necessary for a casual job in a café, or join a day of artistic expression and create a serene Autumn landscape. These events cater to a range of ages from 12 - 24 years. To find out more about youth events and book into a workshops these school holidays visit [www.willoughby.nsw.gov.au/Community/Community-services/Youth/Youth-Events](http://www.willoughby.nsw.gov.au/Community/Community-services/Youth/Youth-Events)

## MESSAGE FROM THE MAYOR



Council has now made it's submission to the NSW Government's public consultation around the proposed housing reforms highlighting the loss of tree canopy and open space, loss of privacy and overshadowing, traffic and congestion, and loss of character in low density suburbs, especially in heritage conservation areas. Council is not opposed to growth, and this has been reflected in our recent planning controls adopted in June 2023.

Throughout Autumn, Council has an exciting array of events for our diverse community. From all-abilities discos, chess activations in Chatswood's CBD, to workshops upskilling our youth. Visit Council's website to stay abreast of all the fun to be had in these coming months.

**Cr Tanya Taylor**  
Mayor, Willoughby City Council



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# Not too Kean to Solve the Co-Ed High School Dilemma in Hornsby

By Riley Warner

With a growing population of young families eager to find adequate schooling options in their community, calls for genuine development to be done have again sparked up after a recent social media post from Member for Hornsby Matt Kean.

Kean took to social media and recently posted about the need for a co-ed high school North of Hornsby on social media.

"Following representation to the Department of Education about the need for a co-ed high school North of Hornsby, the department has agreed to commence consultation about options for our community." - Matt Kean, MP.

The Department of Education agreed to commence consultation on three proposals. The first is retaining the existing arrangements where families can choose between Asquith Boys or Asquith Girls and one existing co-ed option.

The second option is to reclassify Asquith Boys and Asquith Girls into two separate co-ed high schools.

The third and final option is merging Asquith Boys and Asquith Girls to become one large co-ed high school spread across one junior campus and one senior campus.

Sadly, proposals stop there, and the option for a new co-ed school has been left on the sidelines.

However, what makes this social media post somewhat interesting is that Matt Kean initially commissioned a feasibility study for a brand-new co-ed high school in Hornsby in 2021, slated to be finalised in 2022.

So, what happened to the possibility of a new co-ed school option?

Many residents are now sceptical and are calling on Kean to release the study so that they can see the results for themselves. The Post recently attempted to contact Kean's office about the feasibility study, which was apparently set to be finalised within the first quarter of 2022.

After a brief conversation with Kean's team, it's apparent that the feasibility study and a push for a new Co-ed school seemed to die out with the recent federal election. The Post was told that the Liberal Party no longer being in government has resulted in Kean's team not having any feasibility report or any numbers to show for it. A sad and rather abrupt end to any co-ed school push. Instead of providing any clarity to the study, The Post was told to look elsewhere for the feasibility details. This whole debacle does not excuse the fact Kean has been the Member of Hornsby for the last 13 years, but that mustn't be long enough to keep pushing for a new co-ed school.

No one can doubt that the proposals with the education department are amicable. However, there is a need to address the growing number of young families residing in the area. Additionally, the proposals need to provide the option for a completely new co-educational school.

Residents have commented on Kean's Facebook post regarding the community consultation on co-ed schooling.

*"None of these options address the increase in the number of young families living in this area. Are any of the current schools capable of expansion? I would have thought a new co-ed high school, preferably north of current schools, should at least be considered."*



Another local commented with similar views.

**"Why is there no Option 4: Create a standalone Co-ed high school north of Hornsby."**

Another comment asking for Kean's feasibility report.

*"What happened to the feasibility study announced for a brand-new high school in Hornsby?"*

It appears strange that a feasibility study would disprove a new co-ed school in Hornsby despite the apparent demand among locals.

The lack of co-ed high school options in the Hornsby Shire area continues to be a significant concern for families, and the lack of transparency from elected officials only adds to their frustration.

Patching over these issues by blending existing schools or not looking for a more expansive option to intake growing families will not fix the problem. A proposed new school should have been the primary option from the get-go.

The Post is now taking steps to seek out the Feasibility Study from the NSW Department of Education and will certainly bring that information to the community.



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By Michael Tumulty

## Ya Can't Stop Development - The Story Continues

“Ya Can't Stop Development,” claimed Bill Heslop when running for local council in the well known movie “Muriel's Wedding”. I would say even he would question our Kuring-gai Council as events begin to demonstrate just how florid the situation has become.

Fresh from their Hunter Valley exclusive offsite meeting, the councillors returned to the less salubrious Council Chambers.

First up, the children of The Glade Oval at Wahroonga, with their request for lighting on a mere two nights of the week after school will unfortunately have to wait. Apparently, tree canopy needs to provide appropriate screening before a ball is bounced under flood lights.

The good news is most gum trees can grow as tall as 30 metres high, which is the height of the lighting towers. The bad news is 50 percent of their growth is attained within the first 10 years of their life. That's still 15 metres short, considering the nebulous calls for appropriate screening.

However, a new footpath for local residents – “not for children playing sport” – has been upgraded to urgent. So all in all, a good night out for local residents, perhaps not so much for the kids.

At the end of March, yet another expensive Extraordinary Meeting was suddenly called by five Councillors.

After weeks of hearing from Councillors and Council on how the NSW Government's “Transport Oriented Program” would plunge the suburbs of Ku-ring-gai into Dante's third circle of hell, a new paper was produced by council staff called a community and council led response. Within it includes the reshuffling of TOD railway

station sites away from Roseville and Killara and focused at Turramurra.

However, the highly detailed report lapsed and was discarded after some councillors claimed they had not reviewed it.

Council staff were not immune either as some could not remember when they commenced writing it, and some could not remember when the extraordinary meeting was called.

Councillors remembered talking about it in “workshops” together with council staff in the Hunter Valley, perhaps over a Pinot Grigio and some foie gras ?

Consequently, whilst other councils fly down the freeway with the NSW Govt., our council now seems to be going around circles in a cul du sac.

Meanwhile, we are all the poorest through ineffective representation.

## Northern Beaches Ratepayers Out of Pocket \$39 million Thanks to Cost Shifting

NORTHERN Beaches ratepayers were out of pocket \$39 million, or \$379 per ratepayer, due to the NSW Government cost shifting.

Cost shifting refers to when state or federal governments force councils to absorb responsibility of infrastructure, services, and regulatory functions with support funding.

Commissioned by the LGNSW, independent consultants Morrison Low conducted a report for the 2021/2022 financial year, calculating the costs passed onto councils. In the report, NSW councils were found to have shouldered an accumulative \$1.36 billion because of cost shifting.

‘Every dollar we pay to levies and subsidies to the state government, is one less dollar we can put into our local roads and footpaths, our parks and community centres or our libraries and events programs,’ says Northern Beaches Mayor Sue Heins. ‘Put simply,

it constrains our ability to maintain our community.’

According to the Cost Shifting Report for 2021/22, Northern Beaches Council paid \$6.4 million for the Emergency Services Levy, the highest in the state. This financial year, the Emergency Services Levy raised to \$9.3 million, equivalent to \$90 per ratepayer.

‘Our community deserve better and this must stop,’ says Mayor Heins.

Northern Beaches Council are set to write to the NSW Premier, Chris Minns, the NSW Treasurer, Daniel Mookhey, and the Minister for Local Government, Ron Hoenig. Council will request that cost shifting be addressed through regulatory reform, appropriate funding, and budgetary provision.

‘I encourage the government to consider how this cost shifting is resulting in lost services, lost opportunity, and lost amenity for NSW residents and businesses and do something to fix it,’ says Mayor Heins.

Read more online at [www.hkpost.com.au](http://www.hkpost.com.au)  
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## Local Opinions and the Development Updates at the NTRA

By Riley Warner

The North Turramurra Recreational Area (NTRA) development debate is similar to the recent housing development proposals put forward by the NSW government. Change might not suit everyone; local residents never jump at the idea of a new development that changes the landscape of their community. But in the case of this developmental debate, change might be for the better.

Some community members are worried that the NSFA will monopolise the community space because the grandstand is being built there. This worry is a fair assumption, but the reality is that the NSFA doesn't operate in these fields every day of the week.

Sure, come game days on Saturday, young kids will use these fields for morning sport to more competitive adult competitions later in the day. But that's how weekend sports has always worked. Residents should be reassured that the fields will remain open for the community for school carnivals, exercise, and any other recreational activity throughout the week and during the 'offseason'.

CEO of the NSFA, Kevin Johnson, has provided an update on the grandstand development process.

"The design changes are open to community consultation until April 2024. You can see them and other information on the development on our website. The design changes were lodged with the Council about a month ago and need to be approved by the Ku-ring-gai Planning Panel (KLPP), which will be after the Council has undertaken its assessment and considered feedback from the community consultation."

Once the design changes are approved, the Council will then move to finalising the



North Turramurra Recreational Area. The debate continues.

Image: The Post.

lease and project deed with the NSFA.

The Post decided to visit the NTRA, chat with some local residents, and gauge their opinions on the development.

"I do worry about the extra crowds the grandstand will bring, but if it's only on

the occasional weekend, I can't see it causing any great issues you already see at other local fields with kids' soccer or netball, I guess it's just part of having local teams." - Simon, 48.

"It'll be a nice addition to the space if the whole community can enjoy the fields when games aren't on." Emma, 24.

Local community pages on social media continue to host discussions regarding the developments in North Turramurra.

"Everyone needs to make their voices heard otherwise, all our community space will be taken over by sporting groups. We all need access to our community-owned green space for not only physical activity and organised sport but for our mental health"

Another resident addressed their opinion on the matter.

"This is a classic case of a small but vocal minority trying to influence decisions for their own self-interest. The NTRA is a sporting facility that serves our local contribution to the 1.7 million Australians who play football. In terms of number of participants vs. area used, you would not find a more well-utilised area than the NTRA."

Locals are more than entitled to have their say about what happens in their community. However, local sport is a major aspect of a community's heartbeat. Fostering this heartbeat grows an unmatched communal unity that other suburbs would struggle to achieve.

### Support Local Journalism

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## Willoughby's Interim CEO

HUGH Phemister has been appointed interim CEO for Willoughby City Council.

As Planning and Infrastructure Director since 2021, Hugh Phemister has overseen town planning, engineering design, transport and traffic, project delivery maintenance teams, waste collection, and property portfolios.

Before his position within Willoughby City Council, Hugh Phemister worked in senior executive roles for private corporations, not-for-profit organisations, and other government sectors.

Previously, Hugh held the Executive Director role for the NSW Government's Land and Housing Corporation.

'Hugh is an experienced government senior executive with many years of strong and effective community service, and therefore is a very suitable

choice for the interim CEO position,' says Willoughby City Council Mayor Tanya Taylor. 'By announcing Mr Phemister as the interim CEO, Council is making an internal appointment which provides certainty and continuity for all staff and Councillors.'

Hugh Phemister assumed the role of interim CEO on the 4th of March 2024, following the retirement of CEO Debra Just.

'Ms Just built a positive culture within the organisation and gained the respect and admiration of her staff and peers,' said Mayor Taylor, thanking Debra Just for her service.

In accordance with the Office of Local Government's Guidelines for the Appointment and Oversight of General Managers, Council has established a panel for the recruitment of a permanent CEO. The recruitment process will be conducted by an external agency.

## Grants for Creatives to Showcase Art in North Sydney

APPLICATIONS are now open for creative grants in North Sydney.

Artists, not-for-profit organisations, and groups are able to apply for grants up to \$4,000 for creative projects and initiatives that will be presented to the North Sydney local government area.

These grants can be used both on new projects and projects already underway.

Funding is part of North Sydney Council's 2024 Creative Grants program. The program aims to

increase community participation in creativity, providing local artists with the opportunity to create large-scale projects. All artists, regardless of their speciality, are able to apply for the grants – from visual to performing arts creatives.

Successful projects will be presented in the spring of 2024. Artists can nominate community spaces or Council venues to present their work once complete.

*For more information about the 2024 Creative Grants program, visit [northsydney.nsw.gov.au/creativegrants](https://northsydney.nsw.gov.au/creativegrants)*

## Proposal for Fairlight Lookout to be Renamed After Former Manly Mayor

FAIRLIGHT Lookout might be getting a new name. A proposal has been submitted to Northern Beaches Council to have the park east of Fairlight Beach renamed in honour of former Mayor Jean Hay AM.

Having served three Mayoral terms for Manly Council, from 1999 to 2004, then from 2008 to 2016, Mrs Hay AM is the longest serving Mayor of Manly Council.

'A lifelong resident of Manly, Jean Jay AM has made an enormous contribution to Manly and our community and so in recognition of her efforts this beautiful location has been chosen to commemorate her,' says Northern Beaches Mayor Sue Heins.

Her achievements include re-establishing the Manly District Support Committee and the Seaforth TAFE site, improving Manly ocean-front walkways, Manly Pathway of Olympians and Paralympians, establishing the Bear Cottage, and upgrading the Manly Andrew Boy Charlton Aquatic Centre, among others.

'She has been awarded several accolades over her lifetime including the Member of the Order of Australia and the Centenary Medal for services to the community through local government, community action and sporting groups, and fundraising for welfare and health education programmes,' says Mayor Heins.

Community members are able to comment on the proposal via Council's website. If the proposal should go through, Council is set to upgrade the existing picnic area, installing a sign acknowledging Mrs Jean Hay Am's community contributions.

## Another Extraordinary Meeting, or Just a Pretty Ordinary Council Meeting?

By Michael Tumulty

If it looks like a duck and quakes like a duck, then it's probably a Ku-ring-gai Council housing strategy.

At the recent Extraordinary Council Meeting, the meeting opened with Cr. Martin Smith claiming that 72% of Ku-ring-gai residents do not support the new housing strategy.

However, since only approximately 5,000 surveys were ever received out of the total KRG population of 126,000 - that's only 4%!

It was then revealed that the five councillors who called for the Extraordinary Meeting (EM), before aborting the entire (GB1) agenda,

hadn't bothered to read the report. Odd, given the wording calling for the EM by the 5 councillors and the opening objectives of the staff report GB1, are almost identical.

At its core was the preferential move of relocating Roseville and Killara railway station Transport-Oriented Development scheme (TOD) to Turramurra and St. Ives, along with 4,500 new residences per site.

It appeared that hard-working council staff and the report were thrown under the bus.

Members of the 5 Councillors lectured the community on why they should call these wasteful meetings; others complained of being called NIMBYS; and others complained about the community sharing their own views, accusing them of sharing false

information.

Councillors called an extraordinary meeting at rate payers expense for this. Let's just ponder that.

The rights to free speech and freedom of expression still exist in this country.

Another gave admission to discussing the contents of GB1 (that no one had now read) with council staff at the Hunter Valley getaway in "workshops." Woops!

Another Councillor, when discussing the confidential item, stated he hadn't read the report but knew of its contents, so therefore he knew it was important. Thank goodness that the councillor did not choose surgery as a profession.

Ring the bell!



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Drawing and sketching 	AF-24211O	Mon	09:30 – 12:00	8	6 May – 1 Jul		JY	\$250*
Therapeutic Art and Craft	TA-24222H	Tue	13:00 – 15:00	8	7 May – 25 Jun	Hornsby HQ	SB	\$270*
Art of Watercolour for Beginners	AOW-24231H	Wed	10:00 – 13:00	9	1 May – 26 Jun	Hornsby HQ	CC	\$285*
Papertole 	AT-24241H	Thu	09:30 – 11:30	8	9 May – 27 Jun	Hornsby HQ	MD	\$220*
Painting	AZ-24242H	Thu	12:00 – 15:00	9	2 May – 27 Jun	Hornsby HQ	CC	\$285*
Creative Crafts	CCS-24261H	Fri	10:00 – 12:00	8	10 May – 28 Jun	Hornsby HQ	SB	\$270*
Art of Watercolour	AOW-24251H	Fri	10:00 – 13:00	9	3 May – 28 Jun	Hornsby HQ	CC	\$285*
Painting your Favourite Style	TY-24252H	Fri	14:00 – 16:30	8	10 May – 28 Jun	Hornsby HQ	JW	\$260*
Acrylic Painting	PS-24262H	Sat	13:30 – 16:30	9	4 May – 6 Jul	Hornsby HQ	CC	\$285*
Ceramics 	AP-24431H	Thu	18:00 – 20:00	5	2 May – 30 May	Hornsby HQ	JS	\$250
Ceramics	AP242432H	Thu	15:30 – 17:30	5	6 Jun – 4 Jul	Hornsby HQ	JS	\$250


## MUSIC

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Guitar Intermediate	G21-24213M	Mon	18:00 – 19:00	9	29 Apr- 1 Jul	MMA	MMA	\$270
Guitar Beginner	PF-24213M	Mon	19:00 – 20:00	9	29 Apr – 1 Jul	MMA	MMA	\$270
Keyboard Beginner	KB-24123M	Tues	18:30 – 19:30	10	30 Apr -2 Jul	MMA	MMA	\$270
Singing Beginner	PS2-24233M	Wed	19:00 – 20:00	10	1 May – 3 Jul	MMA	MMA	\$270
Guitar Beginner	PF-24243M	Thu	18:00 – 19:00	10	2 May- 4 Jul	MMA	MMA	\$270
Keyboard Beginner	KB-24243M	Thu	19:00 – 20:00	10	2 May -4 Jul	MMA	MMA	\$270


**\* Concession = \$10 discount | Tutors: JW** - Mr Jan Windus, **JY** - Jenny Young, **CC** - Cheree Connolly, **SB** - Sayo Burton, **MD** - Marlies Davey (Linssen), **JS** - Julianne Smallwood, **JH** - Juliet Holden, **MMA** - Morgan Music Academy

 Denotes New Course  Students/Tutors have received recognition award recently  Denotes Online Course

# HKCC LIFESTYLE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Sewing Beginners Plus	SB2-24261H	Sat	10:00 – 12:00	8	4 May – 29 Jun	Hornsby HQ	NT	\$250*
Learn to Sew Workshop	LTS-24271H	Sun	10:00 – 15:00	1	12 May	Hornsby HQ	RD	\$150
Sewing Lounge Pants Workshop	SPW- 24271H	Sun	10:00 – 15:00	1	2 Jun	Hornsby HQ	RD	\$160
Upholstery- Footstools	UPH-24223H	Tues	18:00 – 20:00	2	See Website	Hornsby HQ	LT	\$300
Mahjong for Beginners	MJ-24242H	Thu	13:00 – 15:00	8	9 May-27 Jun	Hornsby HQ	FC	\$225
Mahjong Social Club	MJS-24242H	Thu	13:00 – 15:00		May - Jun	Hornsby HQ		\$5^
Rookies Bridge Club	RBC-24212H	Mon	13:30 – 15:30		May – Jul	Hornsby HQ	SW	\$12^
Tarot Reading Beginners	TOR-24223H	Mon	18:00 – 20:00	8	6 May – 1 Jul	Hornsby HQ	EM	\$250
Tarot Reading Intermediate	TOR-24222H	Tue	18:00 – 20:00	8	7 May – 2 Jul	Hornsby HQ	EM	\$250
Left-Handed Hand Crafts	LHHC-24261H	Sat	10:00-1200	6	11 May – 22 Jun	Hornsby HQ	LA	\$200
Indian Cooking 	ICC-24213H	Mon	18:00 – 20:30	3	6 May – 20 May	St Peters Church	FK	TBA
Creative Writing Techniques Stage 2 	WCT2-24531H	Wed	10:00 – 12:00	10	1 May – 3 Jul	Hornsby HQ	IK	\$255

**\* Concession rate available | ^Cost per session | Tutors: SW** - Susan Wade, **FC** - Flora Chan, **NT** - Naomi Tabtiong, **RD** - Romi Dupont-Louis, **EM** - Eugene Mitchell, **IK** - Irveen Kaur, **FK** - Forum Khandelwal, **LT** - Liz Tazewell, **LA** - Lynne Allitt

 Denotes new course

02 9482 1189


WWW.HKCC.NSW.EDU.AU

# HKCC LEISURE AND WELLBEING

Optimise your health and well-being by participating in HKCC’s spiritual, social, and physical activities. Good Health and happiness increase when we are moving and breathing in positive ways. Experience lasting benefits when you join one of our amazing health classes, with our talented and passionate HKCC Tutors!

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Stretch, Relax and Meditate	SRM-24233HH	Wed	18:30 – 20:30	8	8 May – 26 Jun	Hornsby HQ	CL	\$250
Korean Culture and K-POP	KPOP-242H	Tues	18:30 – 20:30	8	7 May – 25 Jun	Hornsby HQ	CL	\$250
Yin Yoga	YY-24223SP	Tue	18:00 – 19:00	10	30 Apr – 2 Jul	Storey Park	MK	\$120
Yoga	HY-24223SP	Tue	19:15 – 20:45	10	30 Apr – 2 Jul	Storey Park	MK	\$200
Tennis	TT-24221H	Tue	09:30 – 11:00	10	30 Apr – 2 Jul	KWTAH	KW	\$300
Tennis	TT-24231W	Wed	09:30 – 11:00	10	1 May – 3 Jul	KWTAW	KW	\$300
Tennis	TT-24232W	Wed	19:00 – 20:00	10	1 May – 3 Jul	KWTAW	KW	\$200
Tennis	TT-24233IW	Wed	20:00 – 21:00	10	1 May – 3 Jul	KWTAW	KW	\$200
Tennis	TT-24241W	Thu	09:30 – 11:00	10	2 May – 4 Jul	KWTAW	KW	\$300
Tennis	TT-24243H	Thu	20:00 – 21:00	10	2 May – 4 Jul	KWTAH	KW	\$200
Pickleball Clinic	PB-24233H	Wed	18:30 – 19:30	10	1 May – 3 Jul	KWTAH	KW	\$200
Pickleball Social Games	See Website	Wed/Fri/Sat	Various	10	May – Jul	KWTAH	KW	\$80
Tai Chi/Qigong Intermediate	H2I-24213H	Mon	19:30 – 21:00	9	29 Apr – 1 Jul	HWMH	LK	\$170*
Tai Chi/Qigong Intermediate	H2-24231H	Wed	10:00 – 11:30	9	1 May – 3 Jul	HWMH	LK	\$170*
Tai Chi/Qigong Beginners	H2B-24261H	Sat	11:00 – 12:00	9	4 May – 6 Jul	HWMH	LK	\$110*
Pilates	HP-24241T	Thu	09:45 – 10:45	9	2 May – 27 Jun	TUC	JW	\$160
‘Silver Treads’ 	ST-24241A	Thu	10:00 – 10:45	10	TBC	SAC	CC	\$200
Line Dancing Beginner	LDB-24211P	Mon	09:30 – 10:30	6	13 May – 24 Jun	WPCH	RS	\$90*
Line Dancing Improver	LDC-24212P	Mon	10:45 – 12:15	6	13 May – 24 Jun	WPCH	RS	\$120*
Line Dancing Absolute Beginner	LDB-24243H	Thu	16:45 – 17:45	6	16 May – 20 Jun	HWMH	RS	\$90*
Line Dancing Beginner	LDB-24244H	Thu	18:00 – 19:00	6	16 May – 20 Jun	HWMH	RS	\$90*
Salsa	SLR-24213A	Mon	19:00 – 20:00	8	6 May – 1 Jul	St John’s Church	LF	\$180*
Rock n Roll	RNR242	Thu	18:00 – 18:45		See Website	MCCC	RM	TBC
Ballroom	DB-24243P	Thu	19:00 – 20:30	8	9 May -27 Jun	HG	JM	\$160

**\* Concession rate available | ^ Non-consecutive dates | Tutors: JW** - Jo Wolfgarten, **KWTA** - Tennis Academy, **CC** - Chris Curran, **LK** - Dr Larissa Koroleva, **RS** - Ros Straw, **LF** - Latino Fever, **RM** - Rina Masia, **MK** - Mira Kozik, **JM** - Janette McKenzie, **CL** - Cecilia Lim

 Seniors exercise class



### After Dark ‘Pottery and Sip’

11th & 18th April, \$125.00  
(includes 2 classes, supplies and firing - BYO Drinks)  
In conjunction with Hornsby After Dark.  
Please see HKCC website for further details.





# HKCC PATHWAYS

## FOUNDATION SKILLS

### FSK10119 CERTIFICATE I IN ACCESS TO VOCATIONAL PATHWAYS

- Prepare to participate in a learning environment FSKLRG001
- Engage in short and simple spoken exchanges at work FSKOCM002
- Read and respond to short and simple workplace information FSKRDG004
- Write short and simple workplace formatted texts FSKWTG002
- Participate in familiar spoken interactions at work FSKOCM003
- Use whole numbers and halves for work FSKNUM003
- Use short and simple strategies for work-related learning FSKLRG004
- Use basic and familiar metric measurements for work FSKNUM004
- Use simple data for work FSKNUM007
- Use digital technology for short and basic workplace tasks FSKDIG001
- Use digital technology for routine and simple workplace tasks FSKDIG002

### FSK10219 CERTIFICATE I IN SKILLS FOR VOCATIONAL PATHWAYS

- Participate in work placement FSKLRG006
- Use oral communication skills for effective workplace presentations FSKOCM005
- Read and respond to simple workplace information FSKRDG007
- Read and respond to routine workplace information FSKRDG010
- Write simple workplace information FSKWTG006
- Use simple strategies for work-related learning FSKLRG008
- Use short and simple strategies for career planning FSKLRG003
- Contribute to health and safety of self and others BSBWHS211
- Use whole numbers and simple fractions, decimals and percentages for work FSKNUM008
- Use digital technology for non-routine workplace tasks FSKDIG003
- Use business resources BSBOPS101

### FSK20119 CERTIFICATE II IN SKILLS FOR WORK AND VOCATIONAL PATHWAYS

- Use strategies to respond to routine workplace problems FSKLRG009
- Use oral communication skills to participate in workplace teams FSKOCM006
- Write routine workplace texts FSKWTG009
- Use routine strategies for work-related learning FSKLRG011
- Calculate with whole numbers and familiar fractions, decimals and percentages for work FSKNUM014
- Estimate, measure and calculate with routine metric measurements for work FSKNUM015
- Interact effectively with others at work FSKOCM007
- Interpret, draw and construct routine 2D and 3D shapes for work FSKNUM016
- Use familiar and routine maps and plans for work FSKNUM017
- Use routine strategies for career planning FSKLRG010
- Write complex workplace texts FSKWTG010
- Use business software applications BSBTEC201
- Plan and prepare for work readiness BSBPEF101
- Support personal wellbeing in the workplace BSBPEF201

**Course Guide Design and Graphics**  
Craig Sutton, The Design Group  
www.thedesigngroup.com.au

## JOB READY SKILLS

### BSB20120 CERTIFICATE II IN WORKPLACE SKILLS

- Apply communication skills BSBMM211
- Work effectively in business environments BSBOPS201
- Plan and apply time management BSBPEF202
- Participate in sustainable work practices BSBUS211
- Contribute to the health and safety of self and others BSBWHS211
- Develop and apply thinking and problem solving skills BSBCT201
- Use business software applications BSBTEC201
- Use digital technologies to communicate in a work environment BSBTEC202
- Work effectively with others BSBTWK201
- Deliver a service to customers BSBOPS203

### BSB30120 CERTIFICATE III IN BUSINESS

- Apply critical thinking skills in a team environment BSBCT311
- Support personal wellbeing in the workplace BSBPEF201
- Participate in sustainable work practices BSBUS211
- Use inclusive work practices BSBTWK301
- Assist with maintaining workplace safety BSBWHS311
- Engage in workplace communication BSBXCM301
- Use business software applications BSBTEC201
- Design and produce business documents BSBTEC301
- Use digital technologies to collaborate in a work environment BSBTEC404
- Write simple documents BSBWRT311
- Contribute to continuous improvement BSBSTR301
- Design and produce spreadsheets BSBTEC302
- Create electronic presentations BSBTEC303

## SHORT COURSES

**Individual Support Pathways: Gain the essential skills to provide compassionate care for your loved ones living with dementia or embark on a fulfilling journey in the care industry. Thurs, 9:30-1:00pm, 10 sessions 2 May- 4 July**

This course is designed to equip you with the necessary skills to provide compassionate care for individuals living with dementia. Whether you're caring for a family member or considering a career in the care industry, this course offers invaluable guidance. Join us and take the first step towards enhancing your caregiving skills or launching a rewarding career in care. The successful completion of the below units will lead to a Statement of Attainment and can be used as a credit transfer towards the CHC33021 Certificate in Individual Support.

CHCAGE011 Support for Dementia Care  
CHCAGE007 Recognise and report risk of falls

**Tutor:** Cathy Pitts

**Barista Basics: Fri, 09.30 - 14.30, 4 sessions, 7 - 28 June, HKCC and WC, \$0.00\*~**

This short course includes technical barista skills training (3.5 hours, non-accredited) and learning to work to organisational standards, managing workload and working as part of a team. The training will be delivered as part of the accredited unit BSBOPS201 Work effectively in business environments.

**\* Fee Free Training: Targeted Skills for Small Business (TSB) Program ~ Adult Community Education (ACE) PROGRAM**

# JOB READY ACCREDITED AND SUBSIDISED

## JOB READY SKILLS

### CHC33021 CERTIFICATE III IN INDIVIDUAL SUPPORT

- Provide individualised support CHCCCS031
- Facilitate the empowerment of people receiving support CHCCCS038
- Support independence and wellbeing CHCCCS040
- Recognise healthy body systems CHCCCS041
- Communicate and work in health or community services CHCCOM005
- Work with diverse people CHCDIV001
- Work legally and ethically CHCLEG001
- Apply basic principles and practices of infection prevention and control HLTINF006
- Follow safe work practices for direct client care HLTWHS002

*PLUS 6 electives from the list below and 120 hours of mandatory work placement*

- Recognise and report risk of falls CHCAGE007
- Promote Aboriginal and/or Torres Strait Islander cultural safety CHCDIV002
- Assist clients with medication HLTHPS006

#### GROUP A - AGEING

- Provide support to people living with dementia CHCAGE011
- Work effectively in aged care CHCAGE013
- Deliver care services using a palliative approach CHCPAL003

#### GROUP B - DISABILITY

- Contribute to ongoing skills development using a strengths-based approach CHCDIS011
- Support community participation and social inclusion CHCDIS012
- Work effectively in disability support CHCDIS020

### ICT30120 CERTIFICATE III IN INFORMATION TECHNOLOGY

- Develop and extend critical and creative thinking skills BSBCT301
- Securely manage personally identifiable information and workplace information BSBXCS303
- Identify IP, ethics and privacy policies in ICT environments ICTICT313
- Apply introductory programming techniques ICTPRG302
- Create ICT user documentation ICTICT309
- Apply introductory object-oriented language skills ICTPRG430
- Work in a team BSBXTW301
- Run standard diagnostic tests ICTSAS308
- Build simple web pages ICTWEB304
- Maintain interactive content CUADIG211
- Maintain and repair ICT equipment and software ICTSAS309
- Provide ICT advice to clients ICTSAS305



The Nationally Recognised Training NRT logo indicates accreditation meeting national training standards that lead to a nationally recognised qualification.

**NOTE: The units of competency listed within the qualifications on this brochure have been edited for promotional purpose. Please call or visit HKCC's website for specific information on each unit of competency.**

## SUPERVISORY QUALIFICATIONS

### CHC43015 CERTIFICATE IV IN AGEING SUPPORT

#### PRE-REQUISITE CHC33015 OR CHC33021 CERTIFICATE III IN INDIVIDUAL SUPPORT

- Facilitate the interests and rights of clients CHCADV001
- Coordinate services for older people CHCAGE003
- Manage legal and ethical compliance CHCLEG003
- Implement interventions with older people at risk CHCAGE004
- Facilitate individual service planning and delivery CHCCCS006
- Develop and maintain networks and collaborative partnerships CHCPRP001
- Deliver care services using a palliative approach CHCPAL001
- Assist clients with medication HLTHPS006
- Support independence and wellbeing CHCCCS023
- Work with diverse people CHCDIV001
- Recognise healthy body systems HLTAAP001
- Follow safe work practices for direct client care HLTWHS002
- Facilitate the empowerment of older people CHCAGE001
- Provide support to people living dementia CHCAGE005
- Meet personal support needs CHCCCS011
- Support relationships with carers and families CHCCCS025
- Provide loss and grief support CHCCCS017
- Promote Aboriginal and/or Torres Strait Islander cultural safety CHCDIV002

**PLUS 120 hours of mandatory work placement**

**Talk to us about Traineeships - 02 9482 1189**



This icon denotes courses which attract NSW Government funding under **Smart and Skilled**. You may be eligible if you are: 15 years or older, have left school, live or work in NSW and are an AUS or NZ citizen, AUS permanent resident or humanitarian visa holder.



**NSW FEE FREE**  
Skills NSW provides fully subsidised training in these courses to Smart and Skilled eligible students.

#### ADULT COMMUNITY EDUCATION PROGRAM (ACE)

Smart and Skilled eligible students with barriers to study can access this funding to build capacity. It allows learners to enrol in individual units up to a Certificate III, meeting their specific training needs.

#### TARGETED SKILLS FOR SMALL BUSINESS (TSB)

Small business owners and their employees who meet the Smart and Skilled eligibility criteria can access fully funded training in targeted courses in information technology, business services and foundation skills.

#### RECOGNITION OF PRIOR LEARNING (RPL)

If you already have the required skills and knowledge against a relevant nationally recognised unit of competency, please contact HKCC for further information.

Find out more about the pre-enrolment process via our website. RTO 90232





Xero

QuickBooks

MYOB

MS Word

Instagram for Business

English Classes

MS Office

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Study and Careers

Job Interviews

Barista Basics

Podcast

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Australian Culture and Job Market

Hornsby Ku-Ring-Gai Community College Inc

ABN 20 410 295 360 | RTO 90232

Level 1, 45-47 Hunter Street, Hornsby NSW 2077

enquiries@hkcc.nsw.edu.au | 02 9482 1189

www.hkcc.nsw.edu.au

FEE FREE TRAINING:

~ ADULT COMMUNITY EDUCATION (ACE) PROGRAM

\* TARGETED SKILLS FOR SMALL BUSINESS (TSB) PROGRAM

This training attracts full NSW Government funding under the ACE or TSB Programs, if you meet the following criteria:

You are an AUS citizen, PR, humanitarian visa holder, or NZ citizen

15 years or older

Live or work in NSW

No longer at school or equivalent

AND ONE OF THE FOLLOWING (FOR ACE):

1 Very low literacy, language and/or numeracy skills (LLN).

2 Limited employability skills where students require considerable additional support.

3 Persistent and ongoing personal issues impacting on educational achievements.

4 Significant educational disadvantage impacting a student's ability to succeed in training.

AND (FOR TSB):

Are an owner or employee of a small business or not-for-profit organisation.

(20 employees or less or an annual turnover of less than \$2,000,000).

SENIORS DIGITAL TECHNOLOGY TRAINING

TECH SAVVY SENIORS

Tech Savvy Seniors is a NSW Government initiative in partnership with Telstra, offering subsidised training to seniors aged 60+. Photo ID is required.

COURSE NAME	COURSE CODE	DAY	TIME HRS	DURATION	SITE
NSW Seniors Card	TSSSC-24251H	Fri	10:00 - 12:00	10 May	Hornsby HQ
Cyber Safety	TSSCS-24251H	Fri	10:00 - 11:30	24 May	Hornsby HQ
Sharing Photos and Attachments Online	TSSSPA-24251H	Fri	10:00 - 11:30	7 June	Hornsby HQ
Intro to iPhones	TSSPI-24251H	Fri	10:00 - 11:30	21 June	Hornsby HQ

BE CONNECTED

Be Connected is an Australian Government funded program for learners over the age of 50, funding one-on-one mentoring and small classes.

COURSE NAME	COURSE CODE	DAY	TIME HRS	DURATION	SITE
Digital Group Mentoring Sessions	BECGS-24221H	Tue	10:00 - 11:30	30 Apr - 2 Jul	Hornsby HQ
Digital Group Mentoring Sessions	BECGS-24242H	Thu	15:15 - 16:45	2 May - 4 Jul	Hornsby HQ
Digital Mentoring One-on-One	DM50-24222H		By Appointment		Hornsby HQ
Digital Mentoring One-on-One	DM50-24231G	Wed	By Appointment (09:00 - 12:00)	1 May - 3 Jul	Gordon Library

VOLUNTEER WITH US: DIGITAL VOLUNTEER MENTORING!

YOU CAN HELP TOO, BY BECOMING A DIGITAL MENTOR!

We're looking for volunteers to assist and support the Be Connected digital literacy program by mentoring others. You don't have to be over 50, just interested in using your skills and knowledge to help others.

Email [volunteers@hkcc.nsw.edu.au](mailto:volunteers@hkcc.nsw.edu.au) or phone **9482 1189** for more information.

COURSE NAME	COURSE CODE	DAY	TIME HRS	DURATION	SITE	TUTOR
Mentor Training	BECMTS-24242H	Thu	13:30 - 15:30	23 May	Hornsby HQ	Colin Wong
Mentor Training	BECMTS-24242H	Thu	13:30 - 15:30	20 June	Hornsby HQ	Colin Wong

 Australian Government

Be Connected

Every Australian online.

Network Partner

 Hornsby Village Hub

These courses are run in partnership with the Hornsby Village Hub





SUPPORTING THE DISH

Since 2004, The Dish have been feeding the vulnerable of Hornsby with a hot meal together with friendship and compassion. HKCC are collecting non-perishable food for their Community Pantry. Goods can be dropped off at the HKCC head office on Level 1, 45 Hunter Street, Hornsby (During office hours 9am - 5pm Mon - Fri). Together, we have the power to positively impact the lives of our fellow community members facing hardship!

VENUES

24/7 Gym HG

Studio 2, 100 George St, Hornsby

Gordon Library GLM

799 Pacific Hwy, Gordon

Hornsby Headquarters HQ

Level 1, 45 Hunter St, Hornsby

Hornsby War Memorial Hall HWMH

2 High St, Hornsby

KWTAH Tennis Courts Hornsby

12A Edgeworth David Ave, Hornsby

KWTAW Tennis Courts Waitara

Cnr Edgeworth David Ave and Park Ave, Waitara

Morgan Music Academy MMA

104/2 Burdett St, Hornsby

Mount Colah Community Centre MCCC

6X Pierre Cl, Mount Colah

St Andrews Church SAC

2 Water St, Wahroonga

St Ives CGC

Community Groups Centre Ground Floor, Cnr Mona Vale Rd/Rosedale Rd, St Ives

St John's Church Hall

6 Royston Pde Asquith

St Peter's Anglican Church

C/O 207 Peats Ferry Rd, Hornsby

Storey Park, Fowler Hall

12 Old Berowra Rd, Hornsby

Turrumurra Uniting Church TUC

Colonnade Room, 10 Turrumurra Ave, Turrumurra

West Pymble Community Hall WPC

Loftberg Rd, West Pymble



Bonjour, Ciao, Hola, Nĩ hãõ, Kon'nichiwa! Get ready for your next overseas trip with us! Our Language Tutors are second to none, always aiming to tailor classes to the needs of their students. Call us to discuss a level suited to you.

FRENCH LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
French for Travellers	FFT-24261S	Sat	09:30 - 11:30	8	4 May - 29 Jun	St Ives (CGC)	JR	\$255*
Absolute Beginners	FI-24231H	Wed	11:00 - 13:00	8	8 May - 3 Jul	Hornsby HQ	JR	\$255*
Continuers Beginners	FB-2422H	Tue	11:00 - 13:00	8	14 May - 2 Jul	Hornsby HQ	JR	\$255*
Intermediate	FFI-24223H	Tue	14:00 - 16:00	8	14 May - 2 Jul	Hornsby HQ	JR	\$255*
Extension	FE-24211H	Mon	13:00 - 15:00	8	6 May - 1 Jul	Hornsby HQ	JR	\$255*
Extension	FE-24212S	Mon	12:30 - 14:30	8	6 May - 1 Jul	St Ives (CGC)	RW	\$245*

ITALIAN LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Absolute Beginners	IL-24213O	Mon	17:30 - 19:30	8	6 May - 24 Jun		AS	\$245*
Beginner Continuers	BC-24232H	Wed	12:30 - 14:30	8	8 May - 26 Jun	Hornsby HQ	AS	\$245*
Extension	IE-24231H	Wed	10:00 - 12:00	8	8 May - 26 Jun	Hornsby HQ	AS	\$245*
Conversation	ICC-24233H	Wed	15:00 - 17:00	8	8 May - 26 Jun	Hornsby HQ	AS	\$245*

SPANISH LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Introduction/Beginner/Conversation			See Website			Hornsby HQ		

MANDARIN LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Introduction	MI-24223H	Tues	18:00 - 20:00	8	7 May - 25 Jun	Hornsby HQ	BC	\$245

JAPANESE LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Beginner	JLI-2411H	Mon	10:00 - 12:00	8	6 May - 1 Jul	Hornsby HQ	KT	\$245
Beginner	JB-24262H	Sat	12:30 - 14:30	8	4 May - 29 Jun	Hornsby HQ	KT	\$245*
Beginner Continuers	BJC-24212H	Mon	13:45 - 15:45	8	6 May - 1 Jul	Hornsby HQ	KT	\$245*
Extension	JE-24261H	Sat	10:00 - 12:00	8	4 May - 29 Jun	Hornsby HQ	KT	\$245

\* **Concession = \$10 discount** | **Tutors:** **JR** - Jocelyn Read-Clive, **RW** - Robyn Williams, **AS** - Alessandra Stefanutti, **BC** - Bill Cong, **KT** - Kimiko Tsukada  
✦ Denotes Online Course

**COURSE PROPOSALS!**

Do you have a special talent and the skills to **offer a course at HKCC?**

Whether it be art, music, leisure, lifestyle, a language or professional development, we are looking for new ideas and course offerings.

If you would like to propose a course or workshop, please contact us at [enquiries@hkcc.nsw.edu.au](mailto:enquiries@hkcc.nsw.edu.au)

**ARE YOU A QUALIFIED TRAINER AND ASSESSOR, ABLE TO TRAIN IN ONE OF THE QUALIFICATIONS WE HAVE ON SCOPE? WE WOULD LIKE TO HEAR FROM YOU:**

[VET@HKCC.NSW.EDU.AU](mailto:VET@HKCC.NSW.EDU.AU)

CONTINUATION SCHOOL

Hornsby Continuation School is making encouraging headway. The present enrolment is 120, and the average attendance is about 75 per cent. It is a source of satisfaction to those concerned to see the interest which is being manifested by all the pupils. The school is a valuable asset to the educational progress of the district, and worthy of every encouragement.

NEW EVENING SCHOOL AT HORNSBY

Students Enthusiastic

Shining a light on education for 99 years!

**Hornsby Ku-Ring-Gai Community College Inc**  
**ABN 20 410 295 360 | RTO 90232**  
**Level 1, 45-47 Hunter Street, Hornsby NSW 2077**  
**[enquiries@hkcc.nsw.edu.au](mailto:enquiries@hkcc.nsw.edu.au) | 02 9482 1189**  
**[www.hkcc.nsw.edu.au](http://www.hkcc.nsw.edu.au)**



Kirribilli Club Seeks Financial Help to Secure Its Future

By Riley Warner

The Kirribilli Club, a popular social club in Sydney that overlooks some of the city's most fantastic views, has reached out to its members to rally for financial assistance. In a recent email, the Club's Board and Management urged them to consider investing between \$10 million and \$15 million to either purchase the Club's property back from STADIA CAPITAL or relocate to a more affordable location within the area.

The Club is facing financial stress with a rental arrangement of over \$2 million per annum and an additional \$1 million in building expenses. This has led the Board to decide not to exercise the rental renewal option, which was due to start in November 2024.

To secure its future, the Club is offering Debenture Certificates in favour of members' financial investment. The Debenture Certificate's indicative summary includes a value of \$2,000, a minimum of one certificate per expression of interest, and a maximum of unlimited certificates per expression of interest. The maturity date

for the debentures is flexible, ranging from 3 to 10 years, with an interest rate of 2% above the standard fixed-term reference rate. The interest payments will be made monthly, and the principal payments will be paid on debenture maturity.

The Club's Board and Management have requested their members' serious assistance in raising the necessary funds. They believe that the Kirribilli Debenture opportunity is the best solution for the Club's longevity and continued existence going forward.

The Club has set a deadline of midnight on Tuesday, 2nd April 2024, for the Expression of Interest offer. Members were encouraged to can register their support by completing an online form or by sending an email.

The Kirribilli Club has been a hub for social activities, entertainment, and dining for over 70 years. It has a rich history and a loyal membership base. The Club's Board and Management are hopeful that their members will rally to its support and help secure its future for generations to come.

The Scary COST of Living

By Claudia Butjerevic & Riley Warner

With the Australian Bureau of Statistics set to release their March Quarterly Consumer Price Index report in April, there is intrigue stirring whether inflation will continue to drop.



In December 2022, the ABS recorded a high 7.8% inflation rate. Since, inflation has fallen to 3.4% in the December 2023 quarter, though is still higher than the Reserve Bank of Australia's ideal inflation rate.

Inflation can be a dire problem for society, making money less valuable and requiring households to spend more on goods than they otherwise would during lower inflation periods.

This comes as Aussies have begun to feel the pinch at supermarket checkouts nationwide. Heading to your local supermarket

to stock the pantry or fridge has become the new source of financial uneasiness. With a market dominated by Coles and Woolworths, Australians are practically forced to endure mind-blowing price hikes in order to feed families.

The solution to reversing inflationary growth, however, is a double-edged sword, especially for mortgage holders. The RBA controls inflation by increasing the cash rate to encourage less household spending, ultimately dropping the inflation rates.

The ABS will release the March quarter in the upcoming month, showcasing the inflation rates calculated by the CPI. With supermarkets claiming to keep food prices in line with inflation, a steady and consistent decrease in inflation may peel back a potential cover, exposing what could be apparent price gouging by the two big supermarket giants.

11 categories are investigated in the CPI goods and services basket. These are food and non-alcoholic beverages, alcohol and

"Ku-ring-gai Speaks Up"

By Riley Warner

Facebook community groups have been growing in number over the years, with many of them serving as platforms for people to interact, share views, and have their say. However, there has been a growing concern about some of these groups that filter what people can say; it's also amusing to see the same names and opinions being cast onto the platform.

'The Ku-ring-gai Speaks Up' Facebook page was launched in March and has quickly become popular among locals who want to express their opinions without fear of censorship or exclusion. The page aims to provide a platform for people to share their views on a wide range of topics, from politics to local events and everything in between.

According to Chris Drake, the acting page administrator, the site upholds the values of freedom of speech, debate, and discussion, which are fundamental tenets of democracy. The page has become a safe space for people who feel their views are not being heard or acknowledged on other social media platforms.

One of the main issues that Ku-ring-gai Speaks Up seeks to address is filtering views on other community groups. Some locals feel that these groups do not give certain views a fair hearing and that the opinions shared lack diversity.

The rise of community groups in and around the North Shore that filter what people can say has become contentious in recent years.

While some argue that it is important to create safe spaces for people to express their views without fear of harassment or abuse, others believe that such groups can lead to the suppression of free speech and the exclusion of certain voices.

In response to this, community groups such as Ku-ring-gai Speaks Up have emerged, providing an alternative platform for those who feel that their voices are not being heard elsewhere.

It is essential to ensure that these groups are inclusive and do not filter what people can say. Groups like Ku-ring-gai Speaks Up are a step in the right direction, providing a safe space for people to express their views and engage in meaningful discussions.

Keep an eye out on your local community pages, what content gets shared, who's commenting on posts, and what your community page's true intentions are. The point I'm making is to not fall for political misinformation masked behind a community group, serving to push bias and suppress freedom of speech.

Cont'd page 30





By Julian Leeser, MHR,  
Member for Berowra



The original ANZACs forged the Anzac spirit of service and mateship in World War One on the shores of Gallipoli.

Since that time, hundreds of thousands of Australians have served our country across dozens of conflicts and peacekeeping missions.

On Anzac Day we reflect on the service of veterans, many of whom made the supreme sacrifice far too young. We also honour the more than 80,000 Australians who are currently serving our country in the Australian Defence Force, either full-time or as reservists.

This Anzac Day marks the first since we lost two remarkable young men who grew up in our area – Lieutenant Maxwell Nugent and Warrant Officer Class Two Joseph Laycock, who died tragically during a training exercise in July last year,

alongside two of their fellow servicemen.

Those young men died serving our country. They did so as men who were duty driven, noble-minded, and brave. They will be remembered not just for their sacrifice, but for who they were – bright, warm, talented, family-minded young men.

When I pause for a moment of silence on Anzac Day, I will be keeping Lt Maxwell Nugent and WO2 Joseph Laycock, and their families in my thoughts. I hope that you will do the same.

I strongly encourage you and your family to attend one of the Anzac Day services which will be held across our community on 25 April. It is an important opportunity to pay tribute to current serving members, veterans, those who have since passed away, and their families.

Lest we forget.

## Delays to the Willoughby Leisure Centre Upgrade

WILLOUGHBY City Council has announced that the Willoughby Leisure Centre upgrade project will not meet its original completion date of mid-2024 and is now expected to be finished sometime in 2025. Despite the delay, the Council remains committed to delivering an upgraded facility that will feature a new pool hall with three new pools, an expanded creche, a new sports hall roof, and a range of sustainability and accessibility improvements.

The Willoughby Leisure Centre upgrade project, which commenced in late 2022, has faced a number of construction challenges, resulting in the delay of its completion date.

The project's originally forecast cost of \$38.86 million is also expected to increase due to various construction challenges. These challenges include

the need to install additional piles to support the new pool hall, the discovery of large quantities of asbestos-contaminated soil, and the need to stabilise the site and retain the north-eastern side of the site.

At its February 2024 meeting, the Council considered public and confidential reports on the Willoughby Leisure Centre project.

Council has not announced a new project budget, although it continues to work with its builder (Belmadar) on cost and timeline issues.

Willoughby Mayor Tanya Taylor expressed her disappointment with the project's delay but welcomed the progress that has been made thus far. She also emphasised that the Council is working hard to ensure the best possible environment to complete this project in a way that gets the best value for the community.

[www.hkpost.com.au](http://www.hkpost.com.au)



## The Scary COST of Living

Cont'd from page 29

tobacco, clothing and footwear, housing, furnishings, household equipment and services, health, transport, communication, recreation and culture, education, and insurance and financial services.

Despite these categories displaying a drop and a predicted continual drop in inflation, households are still feeling the punch of expensive, necessary goods and services.

The Post compared the top three supermarket chains, Woolworths, Coles, and ALDI, to find out how to save extra on the weekly grocery shop. While Woolworths and Coles were generally comparable, ALDI was consistently less expensive. Proving that there is a new player working its way into the supermarket duopoly club.

As Coles and Woolworths boast jaw-dropping profits while millions of Aussie families struggle, it begs the question of what is really going on. Why does ALDI, a far less established supermarket chain compared to Coles or Woolies, seem to be the only option that factors in the financial needs of its customers?

For example, 500 grams of beef mince would cost \$6.50 at Woolworths and Coles, but only \$5.79 at ALDI. A packet of potato chips while \$4.80 at Woolworths and Coles, was \$2.89 at ALDI. There was a significant difference between each respective store's homebrand orange juice prices per litre – \$3.13 at Woolworths, \$2.25 at Coles, and \$1.06 at ALDI.

On top of ridiculous petrol prices, the rental crisis, and home loan pressures, cautious grocery spending is a reality. Finding cheaper like-options, looking at the catalogues for sales, and removing frivolous spending becomes essential to staying afloat. While finding cheaper prices is tough, these results are clear that it's possible.

Inflation may be steadily decreasing but for many struggling households and families, not soon enough.



By Philip Belcher  
LSE Consulting

## Improve your business using the “Customer Satisfaction Cycle”

Every interaction with a customer, or a potential customer, is an opportunity to secure them as ongoing customers and to have them promote your business by being delighted with their experience. The initial interaction is crucial.

No matter whether the interaction is physical or virtual, their experience will determine if the person wants to be an ongoing customer or not. If they are delighted with the interaction, the chances of them becoming a return customer and recommending your business are greatly enhanced.

If the interface is with one of your people, the customer experience is completely in the hands of your Customer facing person. Their level of capability and personability will ‘make or break’ the customers’ perceptions and the likelihood of them being delighted which usually leads to them being a return customer/advocate.

I was reminded of this in a recent visit to one of our favourite cafes for brunch. We were greeted by a somewhat nervous but well-presented person. They showed us to a table, handed us menus, then departed. We waited but eventually I went to the staff member and let them know we were ready to order. They said “You order at the counter” which was not how it worked previously. I said, “We used to have our order taken at the table” and they said “Oh, sorry, I thought I told you to order at the counter” in a ‘sheepish’ manner. I said, “Oh, ok. Where do I get water?” They said

“Oh, didn’t I give you any? I’ll bring it over.”

This demonstrated the following:

- The café had changed its procedures, most likely to reduce ‘wait-staff’.
- I suspect the new procedures were not documented.
- The staff members had not been properly trained on the procedures.
- The café management (owners?) had failed to devise and implement the new procedures from their Customers’ viewpoint.
- There was no clear ‘customer feedback’ process.

Whilst this is a relatively simple example, the same ‘delighting customers’ approach applies no matter the size of the business:

- Devise customer service processes, from their viewpoint, with the involvement of your customer facing staff.
- Document the processes, using ‘flow charts’ where possible.
- Trial the processes and improve them, involving front line staff, and customer feedback.
- Once defined and finalised, train you people on the processes and continually ensure they are being implemented using Customer satisfaction surveys and staff input for feedback
- Continually improve the processes as

necessary.

Systemising customer service/satisfaction processes and training staff on them may seem expensive, however losing customers and staff turnover due to having to deal with dissatisfied customers will be a much higher cost to the business.

As a key component of attracting and retaining customers, devise processes from a customer viewpoint, document them, continually refine them, train your staff, implement them, gain customer/staff feedback, adjust your processes accordingly, then endlessly apply this as a “Customer Satisfaction Cycle” system.

I do hope that café’s management (and managers of all size businesses) reads this article and implements the “Customer Satisfaction Cycle” system... we really want to keep going back!

**For more Business ideas for success, listen to the “CEO Thinking” podcast using Apple or Spotify.**

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# Coercive Control Laws in NSW Underway

By Claudia Butjerevic



From July 2024, coercive control will be a criminal offence in New South Wales.

## Though, what is coercive control?

Coercive control refers to abuse that is aimed at scaring, intimidating, or hurting an intimate partner to control them. Recognising coercive control may be difficult, though it often takes the form of gaslighting, restricting or controlling access to finances, dictating what a person can wear or who they are able to engage with, or socially isolating a partner to restrict their freedoms.

On the 1st of March, for International Women's Day, the **Hornsby Ku-ring-gai Women's Shelter** held an event at the lovely Roseville Golf Club. During the event, journalist and television presenter Georgie Gardner

interviewed Simone O'Brien, survivor of domestic violence.

Simone's confronting story revealed that long before her ex-partner committed violent abuse, there were warning signs that are now recognised as acts of coercive control. Her abuser attempted to cut Simone off from friendships, money would go missing from her home, and he would grow overly affectionate when Simone decided she needed space.

Though those who commit acts of coercive control may not be immediately physically abusive, ensuring there is no escalation to violence is vital.

The NSW Domestic Violence Death Review Team reported in a 2017-2019 study that of the intimate partner and family homicides that occurred, not all contained physical abusive behaviours.

Though, evidence of controlling behaviour was found, leading the DVDRT to note the complex nature of these abuse cases.

In March of 2020, then NSW Attorney General, now Leader of the NSW Opposition, Mark Speakman, indicated to the NSW Parliament that controlling behaviour should be addressed and laws should be discussed.

Coercive control laws are being put into motion after the NSW Parliament passed the Crimes Legislation Amendment Act in November of 2022.

For information about who to contact to get help if you're experiencing coercive control, are inflicting coercive control on a partner, or know someone else that may need assistance, visit [www.nsw.gov.au/family-and-relationships/coercive-control/get-help](http://www.nsw.gov.au/family-and-relationships/coercive-control/get-help)

# World War II "Old Bastard" Celebrates 100th Birthday

## Commemorating Those Who Served on ANZAC Day

By Claudia Butjerevic

While living in a free and thriving country, we must commemorate those who heroically sacrificed for our freedoms.

Although an anticipated public holiday, ANZAC Day means much more than allowing Australian citizens to reap the benefits of a day-off. It gives an opportunity to thank, commemorate, and appreciate the impossible task military men and women have undertaken for the good of Australia.

ANZAC Day is bittersweet, we mourn and rejoice those lost and those who arrived home safely.

The Australasian Order of Old Bastards in Hornsby is a charity raising money for their primary beneficiary, the Children's Hospital at Westmead, Children's Ward at Hornsby Hospital. During World War II, the term 'Old Bastard' was said between servicemen as a term of endearment, and although typically strange and possibly construed as rude, the phrase stuck. The International Order of Old Bastards was formed in the United States of America post-war.

In 1968, Australian serviceman Leo Bradshaw MBE founded the Australasian Order of Old Bastards to raise funds for the Royal Alexandra Hospital for Children in Camperdown.

The Old Bastards have seen over 100 chapters open internationally, all raising money for children in need.

Secretary for the Hornsby chapter is Mick Gallagher, former Vietnam veteran for the Australian Naval Defence Force and former Hornsby Shire Mayor. Though a busy, energetic man, spent time with the oldest Old Bastard member of the Hornsby Chapter for his 100th birthday.

'Fancy him being in the World War II



Pictured above: Maurice Cohen with Mick Gallagher celebrating his 100th Birthday.

Dutch Air Force as a navigator, and me being a Navy Vietnam veteran meeting up,' laughs Mick Gallagher.

Maurice Cohen is a Royal Netherlands Air Force navigator, serving in the Second World War. Maurice has been graced with a remarkable achievement.

**'You have lived through remarkable and often difficult times,' wrote the Minister for Veterans' Affairs and Defense Personnel, Matt Keogh MP, to Maurice on his 100th birthday. 'Through efforts such as yours, we have gained a proud heritage of courage, endurance and service.'**

Mick, Maurice and the President of AOOB Gena Mulukin will attend the local service the weekend before ANZAC Day, where they will place a wreath on behalf of the charity.

The Post wishes Maurice Cohen a Happy Birthday.

We thank all servicemen and women in our Australian military, past and present, for their brave sacrifices.



By Paul Fletcher, Federal Member for Bradfield

## Commemorating our Service Men and Women

On 25 April, we remember and commemorate the sacrifices made by our former and current servicemen and women in defence of our freedoms.

Anzac Day is a sacred occasion that unites all Australians and all communities. Most of us know someone who has served, and the day is a sombre reminder of the horrors of war and the impacts it has on those who serve, as well as their families and communities.

The electorate of Bradfield has a rich and proud military history, with men and women from different generations having served or currently serving in the Australian Defence Force.

Whether it was the First World War, Vietnam War, the Afghanistan War, or peacekeeping operations, thousands of people from our area have served with distinction.

It is important that we remember and honour their service, so that it can serve as inspiration to future generations.

The work of our defence personnel is dangerous, and we cannot take for granted the immense sacrifices they have made, and continue to make, so we can continue to enjoy the freedom and prosperity that we have today.

I encourage Bradfield residents to attend a local Anzac Day service and pay their respects to all those who have served and sacrificed over the history of our nation.

We will remember them.

Lest we forget.

## NSW Local Woman of the Year

WILLOUGHBY Local Woman of the Year 2024 was awarded to **Solveig Coulon**. Member for Willoughby Tim James has congratulated Solveig for her positive impact on the Willoughby community, and her tenacious entrepreneurial spirit.

'Solveig serves as an inspiration for women aspiring to realise their potential,' says Member Tim James. 'Her continuous efforts towards the advancement of our community have helped shape our society into an even better place.'

Solveig Coulon immigrated from France a decade ago and has since established herself as a prominent local. Founder of the local market Le Marche Willoughby, Solveig has expanded the diversity of Willoughby through sharing French culture across the community.

'Through her contributions, Solveig has continued to enrich the already vibrant cultural fabric of Willoughby, making it an even better and more empowering place for women to thrive, work and enjoy,' says Member Tim James.

The Local Woman of the Year Awards is an annual program that recognises the contributions of local women in their respective electorates. Members of Parliament choose the recipients for each electorate.

'The Local Woman of the Year Award is a wonderful way to recognise the many achievements of local women,' says NSW Shadow Minister for Women, Leslie Williams.

Other Local Woman of the Year Award winners included Nat Tobin from Hornsby, Alizee Vanderveken from Davidson, Mala Mehta from Wahroonga, Sonja Walker from Wakehurst, Laura Enever from Pittwater, and Laura Stone from the North Shore.

'It is vital we recognise and support those who continue to challenge inequality, innovate, and promote progress in their fields,' says NSW Minister for Women, Jodie Harrison. 'I look forward to following their journeys as they continue to inspire others.'



A group photo from the Hornsby Ku-ring-gai Women's Shelter International Women's Day Lunch on Friday 1st March, held at Roseville Golf Club. Who can you spot? A former Mayor of Ku-ring-gai, the Founder of EPIC, Kiplings Garage Restaurateur, Tina Brown from The Post, thanks to The Community Bank of Lindfield.



Solveig Coulon, Founder of Le Marche Willoughby with Member for Willoughby, Tim James.



# The Post Raises Funds for KYDS on International Women's Day

By Claudia Butjerevic



The Post would like to thank everyone who attended our International Women's Day event at **Magpies Waitara** on the 8th of March.

Along with celebrating women, The Post was donating proceeds to the **Ku-ring-gai Youth Development Service**, a local charity providing free counselling to children and teens across the community. By donating funds to KYDS, The Post hopes to continue the essential services KYDS provides running for our young people in need.

Special thanks to **Helen Jarvis**, Chair of KYDS for attending the morning tea. It was lovely to have friend of The Post, **Karen Humphries** in attendance given how busy she is, it's always important to connect with other women on this important day.

With the morning tea tickets and raffle ticket sales, our event was able to raise \$700 for KYDS. Along with this, The Post is matching the money to donate \$1,400 for the charity.

The Post would like to thank those who contributed to our raffle prizes – **Bar Infinite**, a new restaurant in Gordon, for donating a \$150 dining voucher; **Kiplings Garage Bar** for a \$50 dining voucher; **Berowra Spa Rooms** for the 3.5 hour Spa Experience; **O'Loughlin's Medical Pharmacy in St Ives** for a gift pack; and **Jacqueline Wright** for a hamper pack, including her "Awaken Your Divine Feminine" poetry book, and



two \$100 gift cards with **Rebel and Super Retail**.

The Post thanks **Cristina Davy**, the event's keynote speaker, for the inspiration and insightful discussion on women, masculinity and femininity, and the dating world of highly successful women. Sharing her wisdom and knowledge, Cristina explained the necessity of being present in innate feminine energy – for the betterment of women and for the betterment of the relationships women have.

The Post thanks **Jacqueline Wright**, local poet and author, for sharing her poetry and story. Jacqui captures the essence of femininity in her poetry, exploring the beauty and strength in women and girls. Her poetry can be found in the co-authored book "Awaken Your Divine Feminine" which features Jacqui's work and the work of other female poets.



Pictured above: Local poet, Jacqueline Wright.

The Post thanks Member for Berowra, **Julian Leeser**, for his attendance and support of our local fund-raising event. Engaging with and contributing in community projects is often the sign of a stable, well-meaning politician.

International Women's Day uplifts and recognises women, who deserve our appreciation. The Post hope we were able to show our respect to every woman and girl.



Pictured above: Tina Brown and Cristina Davy, Guest Speaker.

Pictured far left: Member for Berowra, The Hon Julian Leeser MHR with Karen Humphries.

Left: Tina Brown, Member for Berowra, The Hon Julian Leeser MHR, with local poet, Jacqueline Wright.



# The Village Chef Celebrates an Anniversary

Despite operating since 1961, The Village Chef is celebrating its first anniversary. That is because it was one year ago that this fabulous community organisation, formerly known as Meals on Wheels Ku-ring-gai Hornsby, re-branded as The Village Chef.

Operating under the Meals on Wheels model, The Village Chef cooks an array of delicious, fresh meals in its Turrumurra kitchen each day for distribution by their team of committed volunteers. The kitchen is helmed by their very own Village Chef, Tony Lyons, who ensures only the finest ingredients are used and that meals pack the maximum nutrients to help optimise the health of their clients.

And whilst there are a number of meal delivery services in the market now, only the Village Chef offers a range of fresh and frozen meals. And only they can provide the personal touch offered by the volunteers. General Manager of The Village Chef, Alex Kane, stated, "It's the personal touch that our volunteers provide that sets us apart. Our volunteers are happy to offer a smile and a chat and even a little bit more. It's not unusual for them to help bring in the mail or put out bins. These are things most of us take for granted but can be a real challenge for people with mobility issues".

The Village Chef operates in all parts of Northern Sydney excluding the lower north shore and around Manly.



If you know anyone that may benefit from this wonderful service, call them on 1300 361 287.



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By Tim James,  
Member for Willoughby

It's been over a year since the election of the Minns Labor Government and it has become clear that it doesn't understand the cost-of-living challenges facing the people of NSW.

From scrapping back to school support or presiding over declining rental affordability, this is a government that is out of touch with the real pressures being felt in our community.

We've now seen the government refuse to rule out recommendations by its own road tolling review that would introduce new tolls and increase existing tolls for up to 40 percent of trips.

This includes recommendations to impose two-way tolling on the Sydney Harbour Bridge, Sydney Harbour Tunnel, and Eastern Distributor.

Currently these roads are only tolled in one direction.

This is contrary to promises to ease the burden on motorists.

The government immediately ruled out recommendations for scrapping the toll cash backs that exist in Western Sydney. No commitments were made for our community.

The Sydney Harbour Bridge is 92 years old this year and tolls on the Bridge and Sydney Harbour Tunnel have long been one-way, with infrastructure costs fully repaid years ago.

I've stood up in Parliament and moved a motion condemning these moves and directly asked of the Minister in Question Time to assure the motorists of NSW that they will not be any worse off under the Government's tolling reforms. The Minister

declined to give that guarantee instead displaying contempt for the real concerns faced by local motorists and families.

In Government, the Liberals invested in building new road infrastructure such as the Western Harbour Tunnel. The current government is instead cancelling local road projects such as Beaches Link – without any congestion busting alternative – and adding tolls to infrastructure long paid off.

Labor is responsible for the existing tolls in the Willoughby area – M2, Lane Cove Tunnel and Military Road ramp.

These potential reforms come on top of Labor recently abolishing a scheme that offered half price registration to good drivers that saved motorists hundreds of dollars each.

I'm calling on the Minns Labor Government's to decisively oppose imposing tolling in both directions of the Bridge and Tunnel, particularly during a cost-of-living crisis, and to commit to motorists that no driver will be worse off under the government's proposals.

## The Australian Disability Young Adults Social Support Group Breaks Barriers and Builds Bonds

By Riley Warner

The Australian Disability Young Adults Social Support Group breaks barriers and builds bonds.

Australian Disability Young Adults Social Support Group (ADYASSG) is a non-profit organisation that provides fortnightly activities for people with primarily physical disabilities in the North Shore and Northern Beaches of Sydney. A chance for Aussies with physical disabilities to socialise and catch up in a similar community.

The group was formed to address the social isolation that people with disabilities face due to a lack of suitable social support in the local community. The inspiration behind the group was simple... to fill a gap in the local community.

There were groups for people with intellectual disabilities, but none for young adults with physical disabilities.

Jonathan Shar, the Coordinator of the Australian Disability Young Adults Social Support Group, said that the aim of the group is "to create a more equitable Australian society for people with disabilities through the production of online media and platforms, as well as face-to-face interactions to increase

the visibility of issues facing the disability community."

The group meets every fortnight in Gordon, between the Northern Beaches and the North Shore of Sydney. During the meetings, participants engage in a variety of activities such as discussions, quizzes, chair exercises, games, sing-a-longs, crafts, mindfulness, laughter yoga, and more. The upbeat and exciting programs change every time based on participant needs.

Jonathan, responsible for marketing and organising activities, said the group is still building. Still, so far, group members have been overly satisfied with the Support Group, which is creating more opportunities for unique social interaction.

The diverse range of activities offered during meetings reflects a thoughtful and participant-centric program. The adaptability of the program to meet participant needs each time showcases a commitment to individual preferences and a dynamic response to the group's evolving requirements.

The Australian Disability Support Group is making great strides toward creating some real positive change by addressing the challenges facing Australians with disabilities. Every Aussie face challenges, but those

groups who possess various disabilities can feel these challenges tenfold. Challenges such as the cost of living, uncertainty over NDIS reviews, discrimination, and the need for suitable social support are critical issues that the group is actively addressing through support programs and raising awareness.

Jonathan pointed out that the community often assumes that people with physical disabilities are intellectually disabled and treat them in a patronising, childish, and demeaning way, which is also not appropriate for people with intellectual disabilities.

The Australian Disability Support Group is working towards challenging these societal assumptions and promoting inclusivity.

In addition to the support group, Australian Disability also runs a weekly podcast called 'CripChat' Australia. CripChat Australia is produced and delivered by Australian Disability, and it aims to educate, entertain, and inform the community on how to create a more accessible and inclusive society for people with disabilities, their friends, and family. The podcast is live-streamed every Friday via Facebook, YouTube, and Twitter, and an edited version is released later.

## Behind the Screens:

### FaceBook and The Post

By Tina Brown

Facebook originally started some twenty years ago with the intent of networking and sharing photos.

The role of this social networking site has changed significantly, and it's gradually become stretched to now include political campaigning, political advertising, information, and, of course, misinformation.

During Covid, The Post started as another more traditional way to connect our community in a time of isolation. The thought of sharing stories, celebrating local heroes and, of course, inviting our local and State politicians to connect through our hyperlocal medium seemed quite logical.

So, can you always tell who you are communicating with when interacting with a community group? I think not.

Why does the community group exist? What's its purpose?

Recently, The Post dropped an online story, and it was telling to see which community groups would run the story and which would not within the Ku-ring-gai LGA.

Given that the story is lawful, accurate and totally factual, we found this puzzling. Yet those administrators/moderators have allowed political campaigning for current politicians on another highly contentious issue based on fear.

Understandably, Facebook administrators have an obligation to monitor content to avoid litigation and will remove a post if deemed defamatory.

It appears that some Facebook community groups are quasi-media organisations masquerading as community groups. Perhaps we will see those Administrators

## Supporting Local Businesses on Sydney's North Shore

By Tina Brown

The Chatswood Chamber of Commerce offers an unparalleled opportunity to connect with a community of like-minded individuals and businesses who are dedicated to mutual growth and success. I am biased as I will openly say it's my favourite Chamber! However, it's the only one I belong to!

By interacting with other people in the area, the Chamber acts as a catalyst for establishing valuable networks, gaining access to essential business resources, and increasing your visibility within the local market.

As a member of the Chatswood Chamber of Commerce, we catch up once a month for coffee in Chatswood and then there are after hours events that come up which are also really enjoyable.

Occasionally, the Local Member, Mayor, and other influential political figures graciously participate in our morning catch-ups. This presents a fantastic chance for you to meet them personally and engage in discussions, allowing you to pose questions that you might not typically have the opportunity to ask.

stand at the September local government elections.

The Post will continue to shine through public interest journalism for our



The Chatswood Chamber Meeting held Tuesday March 26th: New Member Gavin Brightwell from Willoughby Theatre Company speaking.

The Post is a valued member of the Chatswood Chamber of Commerce, and the membership opens doors to a wide range of events, workshops, and forums designed to support your business development and provide you with the latest insights and trends in your industry. Why not join the Chatswood Chamber one morning and see if it's for you obligation free?

If you are ready to invest in yourself and the future of your business this step will forge meaningful connections that can propel your business to new heights, and of course you will meet a lot of very interesting and inspired people in the process!

Reach out today and we hope to see you at the next coffee catch up!

[www.chatswoodchamber.com.au](http://www.chatswoodchamber.com.au)

communities without fear or favour, including community groups on FaceBook.

Stay tuned as we close in on the local government elections.

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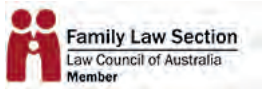
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By Cecilia Castle,  
Castle Lawyers at Asquith



## New Legal Aid for Family Law Property Matters

Property settlements pursuant to separation require a number of legal steps to finalise them. This includes full and frank financial disclosure by each of the parties, mediation to try and achieve an agreed settlement, and entering into consent orders to be approved by the court.

Where no agreement is reached at mediation, the matter can proceed to litigation.

Recent policy changes to grants of Legal Aid for some property matters are aimed at helping the financially disadvantaged. Legal Aid is now available for a pool of assets of a relationship with a new

threshold of \$850,000 and a lower limit of \$40,000. The new policy targets applicants that are most economically vulnerable and at risk of post-separation poverty.

The new policy includes applicants over the age of 55, or applicants of any age with disclosed experience of domestic or family violence with the other party, or applicants with a disability that materially affects their ability to negotiate a reasonable property settlement.

Early Resolution Assistance comprised of early intervention mediations can form part of the grant, which can be conducted over two stages. Where parenting mediations are required in addition to property, these

will be conducted separately.

Financial contributions to the repayment of a grant of Legal Aid will apply to any amount recovered by the Legal Aid applicant over the sum of \$30,000.

More information can be obtained directly through Legal Aid following this link:

[www.legalaid.nsw.gov.au/for-lawyers/policy-online/family-policies/family-policy-property](http://www.legalaid.nsw.gov.au/for-lawyers/policy-online/family-policies/family-policy-property)

**Cecilia Castle is an Accredited Specialist in Family Law, and principal of Castle Lawyers at Asquith. [CastleLawyers.com.au](http://CastleLawyers.com.au)**



## Diversity and Inclusion in North Sydney

By Kylea Tink, Member for North Sydney

It has been an important month for diversity and inclusion in North Sydney, and I've very much enjoyed connecting with many in our community during Mardi Gras, International Women's Day and Harmony Week celebrations.

As a community independent, these are the occasions that matter most to me: times where I can get together with the people of our community and learn about your experiences, concerns and ambitions, so I can take them with me to Parliament House.

For Mardi Gras, I was joined by Zali Steggall MP, Allegra Spender MP, and about 15 constituents from our electorates of North Sydney, Warringah and Wentworth on the Independents for Inclusion parade float, which was themed 'Powered by People'.

True to our theme, the evening was truly a group effort, with volunteers putting in a huge amount of work behind the scenes to ensure everything ran smoothly. Thank you to all who joined us on the night — including the 100 or so people who joined us virtually by sending in their photos to be displayed on the float to show their support for LGBTQIA+ pride and inclusion.

International Women's Day was another big event here in North Sydney. I had the privilege of hosting a sold-out breakfast with almost 200 North Sydneysiders coming together to hear from the inspirational Catherine Fox, Michelle Lim, Melanie Fernandez and Sophie Scott, and discuss persistent gender inequities at home, in society and in the workplace.

While it is clear we do not yet have a gender-equal Australia, following significant advocacy by myself and others on the cross-bench the Government has taken small but

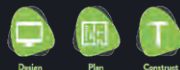
significant steps this month to address some of the systemic issues in superannuation and pay. I'm looking forward to engaging further with my colleagues in Parliament on the new National Strategy for Gender Equality and ensuring that it truly delivers the change we want to see.

Also in March, we celebrated Harmony Week, which is an annual celebration of cultural diversity in Australia. With all that's happening across the world right now, it's more important than ever that we continue to support each other and stand together as a socially cohesive community.

I've always believed that we in North Sydney are fortunate to have ties to cultures from across the world, with almost half of us born overseas and over a third speaking a language other than English at home. I thoroughly enjoyed hearing from a number of multicultural groups at our Harmony Week concert and watching some wonderful primary school performances. Well done to all involved!

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By Rejimon Punchayil, Karis Life

## Reclaiming Serenity with a Clutter-Free Home

As the Easter long weekend unfolded, I found myself immersed in gatherings with loved ones, only to confront a common sight: cluttered living spaces.

Reflecting on this experience, I realized the profound impact of excess possessions on one's well-being. Are you drowning in belongings, suffocating under the weight of sentimentality?

While treasured memories warm the heart, excessive hoarding poses silent threats to physical and mental health.

Recent studies unveil a startling reality: cluttered environments pave the way for physical hazards such as accidents and impede mental clarity. Could your cluttered living space be sabotaging your overall well-being?

Explore the transformative power of decluttering on both physical and mental health. Scientific research illuminates the profound impact of a clutter-free environment, from reduced stress levels to improved cognitive function. Learn how embracing simplicity can pave the way for a healthier lifestyle.



Envision a home where every item serves a purpose, fostering harmony and tranquillity. Embrace the journey towards a clutter-free existence, where decisions are clearer, and emotional resilience is strengthened. Letting go of excess possessions marks a pivotal step towards re-claiming serenity and well-being.

Your Path to Serenity Begins Today: As you embark on the journey to a clutter-free life, re-member that every step forward is a step towards reclaiming your well-being. **Seek guidance from our knowledgeable team at [www.karislife.com.au](http://www.karislife.com.au) and embark on this transformative journey with confidence.**

Reclaim your serenity and rediscover the joy of living clutter-free.

[www.hkpost.com.au](http://www.hkpost.com.au)

## Grandstand Renamed After Local Icons



THE Weldon Oval Grandstand at John Fisher Park is to be renamed the Loudon Mars-ton Grandstand. Officially endorsed by Northern Beaches Council, the new name honours two local sporting icons for their dedication to sport and community.

'Council is proud to acknowledge the legacy of Bruce Loudon and Harry Marston by naming the grandstand in their honour,' says Northern Beaches Mayor Sue Heins.

Bruce Loudon was a founding father of the Warringah Cricket Club in 1977, and a major contributor to the Freshwater Uniting Church, South Curl Curl Life Saving, organiser of Cancer Council and Neighbourhood Watch events. Mr Loudon dedicated his time to organising Anzac Day, Vietnam Veteran's Day and Remembrance Day services with the Northern Beaches Sub-Branch NSW National Servicemen's Association.

Harry Marston had his hands and heart over the establishment over the Manly Warringah Wolves Australian Football Club in 1969. Mr Marston was awarded the Australian Sports Medal in 2000.

A naming ceremony to officially christen the grandstand is yet to be announced.

## ANZAC DAY

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The Palmdale Group will host ANZAC Day Ceremonies at both Palmdale and Greenway on 25th April, paying respect to the memory of our service men and women.

Services and Wreath laying ceremonies will be held at both Palmdale and Greenway.



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57 Palmdale Road, Palmdale  
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### Greenway Chapel & Memorial Gardens

460 Avoca Drive, Green Point  
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Palmdale Phone: 4362 1203  
Greenway Phone: 4369 2013

[palmdalegroup.com.au](http://palmdalegroup.com.au)





# Australian Menopause Surveys 5,000 Women

By Claudia Butjerevic

At the tail end of 2023, Doctor Linda Dear, a specialist GP and a certified menopause practitioner with the North American Menopause Society, conducted a survey of Australian women.

With over 5,000 participants, the survey was aimed at documenting and revealing menopausal symptoms, and how they impact women's healthcare, women in the workplace, and women at home. Dr Dear conducted the same survey on New Zealand women earlier in 2023.

Both datasets were collected in hopes to enhance awareness of menopause and perimenopause, and to have women prepared for this life-altering stage.

Most Australian and New Zealand women who participated in the survey revealed that they did not recognise their symptoms as menopause or perimenopause while experiencing

them – 73% from the AU study, and 64% from the NZ study.

Both surveys found that the top physical menopausal symptom for women was sleep problems (81% for AU and 80% for NZ), while the top psychological symptom was fatigue (77% from the AU, 79% from the NZ).

Most of the other top reported symptoms, including body pains, weight gain, night sweats, were all between 70 to 75% in both surveys for Australian and New Zealand women.

Results were fairly similar between the two nationalities, with 82% (AU) and 84% (NZ) reporting that menopausal symptoms impacted their work; 88% revealed menopause has negatively impacted their relationship with their partner; and 87% (AU) and 85% (NZ) said menopause has negatively impacted their sex life.

The largest point of difference in the results was in relation to induced menopause, which is where menopause is caused by

treatments that damage women's ovaries. After undergoing induced menopause, 39% of Australian women expressed they felt unprepared, while 66% of New Zealander women felt unprepared.

Menopause is a reality to be faced by almost all women, globally. According to Dr Linda Dear's research, although symptoms and situations vary, most women have more in common reporting the effects of menopause.

Dr Dear believes raising awareness is key to limiting these effects.

In November of 2023, the Australian Senate called for an inquiry into menopause and perimenopause, looking at the mental, physical and economic impacts. Dr Linda Dear, and her organisation "Menodoctor" submitted the survey to the Senate's inquiry.

**To view the survey results, visit [www.menodoctor.com/australiasurvey](http://www.menodoctor.com/australiasurvey)**

## Paul Fletcher Listening to Community Concerns at Town Hall Meeting

By Claudia Butjerevic

Federal Member for Bradfield, Paul Fletcher, hosted a community town hall on the 12th of March. Held at the East Lindfield Community Hall, around 60 residents across the community attended to have the opportunity to speak with Mr Fletcher about their concerns.

'Bradfield residents face various challenges and it helps me as the Federal Member to hear about them directly from constituents,' says Paul Fletcher MP.

Constituents of Bradfield spoke at the town hall about a range of issues, including the ever-present cost-of-living worries, the rising of energy bills, superannuation, proposed plan-ning

changes, and the Albanese Government's tax changes.

'The community town hall meeting was well attended and a great success,' says Paul Fletcher MP. 'I will be raising these issues in parliament on behalf of the community.'

Paul Fletcher has his electorate office located in Lindfield, which community members are welcome to visit if they seek assistance with governmental and political issues.

Mr Fletcher maintains that there will be future town hall meetings available for constituents to attend. 'I will keep the community informed of any other town hall meetings I have planned.'

Residents of the Bradfield electorate

are able to contact Paul Fletcher's office by phone or email, as well as visiting in Lindfield.

**For contact information, visit [www.paulfletcher.com.au/contact-paul-fletcher-mp](http://www.paulfletcher.com.au/contact-paul-fletcher-mp)**



# Hornsby and Ku-ring-gai's Parky People

By Riley Warner

Parkinson's disease, contrary to popular belief, is not just associated with older people, nor is it a matter of occasional shakes. The disease is much more complex and challenging than most people presume.

Despite affecting 10 million individuals worldwide, with 200,000 in Australia, Parkinson's disease remains widely misunderstood. Sadly, 38 Australians are diagnosed with the disease every day.

Most of us overlook the small things in life, such as eating, drinking, dressing, or conversing with others. It's only when we face or become familiar with Parkinson's disease that we realise how challenging these seemingly simple tasks can be.

This April, Parkinson's Awareness Month is an opportunity to inspire hope, raise funds for research, and work towards a future where Parkinson's disease is no longer a burden.

Rose Parkin is the president of Hornsby Ku-ring-gai Parkinson Association Inc., home to the 'Parky People'. A charity operating for four years, Rose has been leading the group for the last three years and has played an instrumental role in expanding and diversifying the charity's services to its members.



'Parky People' enjoying a social sing along.

Rose says social interactions and maintaining skills are crucial for people with Parkinson's, their families, and carers.

Given the challenges of Parkinson's disease, including clumsiness, slowness, and difficulty speaking, it is essential to be with people who understand and share similar experiences.

The Hornsby Ku-ring-gai Parkinson Association Inc. provides a range of activities for its members, including a weekly choir, fitness group, walking group, and craft group. The group also hosts monthly meetings and annual events, such as a picnic at Bobbin Head and a concert featuring Principal Artists from Opera Australia.

Rose emphasises the importance of community and socialising for people with Parkinson's, which helps them fight PD, improve their attitude, and maintain fitness. According to Rose, the group has over 100 members who come from various places, including the Hills district, Artarmon, the Northern Beaches, and the locals. The charity also invites speakers to share information on current research developments and

practical solutions to shared problems.

"Our only tools to fight PD at the moment are attitude and fitness. We need to laugh and share stories and feel we are fighting this together. And carers need to know they are not alone. - Rose Parkin.

Rose recently wrote a poem titled "We Are Tired," which reflects the struggles that people with Parkinson's face every day. However, she believes that getting together and sharing information, as well as having a laugh together, is essential to combating the challenges of Parkinson's. For more information on the activities and services offered by Hornsby Ku-ring-gai Parkinson Association Inc., **visit their website at [parkypeople.org](http://parkypeople.org).**

The Parky People will have a stand at Westfield, Hornsby, on the 18th of April to raise awareness and hopefully some funds for their fantastic group of legends.

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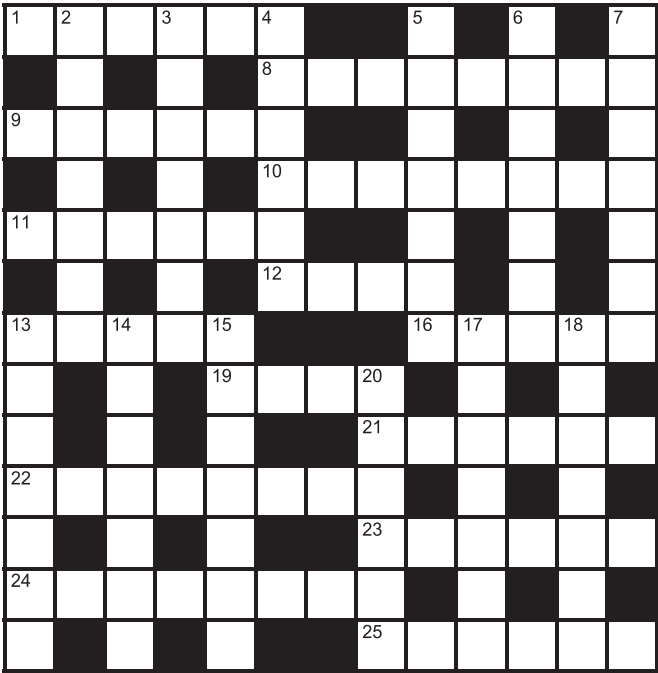


GENERAL KNOWLEDGE CROSSWORD

711

ACROSS

- 1 What, in cricket, do we call the end of a day's play (6)  
8 Which communication has all but been taken over by email (8)  
9 Name an Australian Test cricketer, noted as a batsman and Test captain, Allan ... (6)  
10 What is a desire for food or drink (8)  
11 To convert into bone, is to do what (6)  
12 What is a more common term for a cicatrix (4)  
13 Name a lofty mountain system in South America (5)  
16 What are short metrical compositions combining words and music (5)  
19 Name the acronym of the Organisation of Petroleum Exporting Countries (4)  
21 What are pieces of evidence that prove people were elsewhere (6)  
22 Name the eleventh sign of the zodiac (8)  
23 The title "Sir" is conferred for life on which man (6)  
24 Which low-grade iron ore is found in the region of Lake Superior, USA (8)  
25 What do we call a believer in one god (6)  
DOWN  
2 Name a renowned Australian golfer who was a British and Australian Open champion, Peter ... (7)



- 3 What do we call a nurse who assists women in childbirth (7)  
4 Name farm animals found wandering at large (6)  
5 What are bolides or shooting stars called (7)  
6 What do we call one who is skilled in an industrial or applied craft (7)  
7 Which term describes a moving force (7)  
13 In which US city were the 1996 Olympic Games held (7)  
14 To be no longer operative, is to be what (7)  
15 What is the highest singing voice in women and boys (7)  
17 Name another term for an aperture (7)  
18 Which Japanese women are trained to entertain men with singing (7)  
20 What is a small chest or box, as for jewels (6)

MINI WORD FIND

012

G A K Y T P  
U B C M O J  
N I U T H Y  
U G L I E R  
S C R E A M  
U E S H U M

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

Act Hot Mugs Thy  
Big Hum Scream Top  
Gun Icy See Uglier  
Hire Luck Sun

CURIO

012

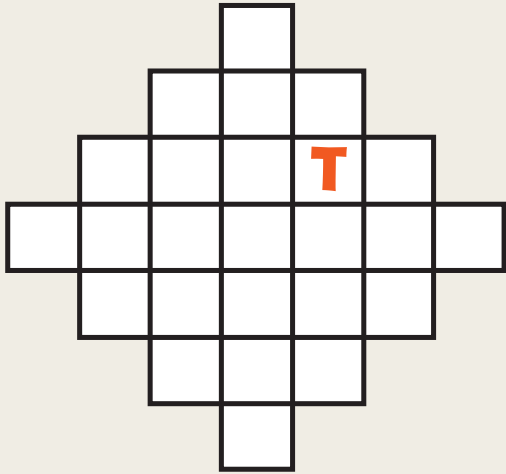
A team of Copenhagen scientists has tracked down the genetic mutation that leads to blue eyes in humans. A genetic 'switch' occurred between 6000-10000 years ago and the result was the birth of the first blue-eyed baby in a brown-eyes-only world. All blue eyes share a single common ancestor.

E-EQUATIONS

022

Letters A to Z have a number value. Some are shown in the right-hand cells. Create remaining values using clues in centre cells.

A	G-N	
C	G÷U	
D	R-N	
G	UxC	20
N	A÷R	2
R	U+C	
U	D-N	



BIYWORD

012

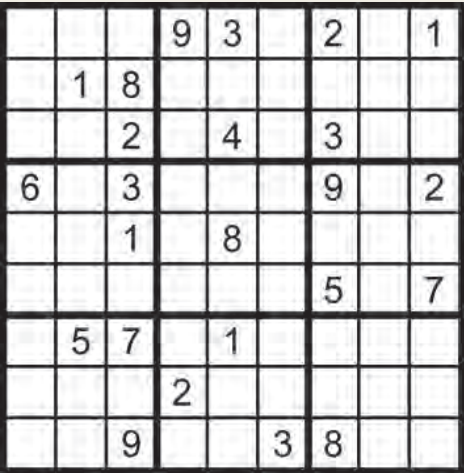
Build it yourself using the clues and each of the twenty-four letters once only to form ten words: five across and five down. A key word (bold clue) builds on the letter set in the grid.

- CLUES:  
Come with (5)  
Egg-shaped (5)  
English (abb) (3)  
Expression of distaste (3)  
Globe (3)  
It is (cont) (3)  
Pong (5)  
Sports venue (7)  
Tusk material (5)  
Wearing away (7)

A G N S  
B I N S  
D I O T  
E I O U  
E K R V  
G M R Y

SUDOKU

012

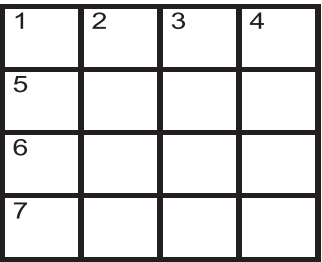


QUICK THINK

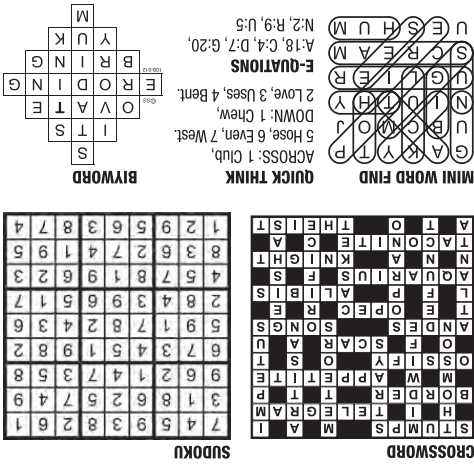
012

Solve the crossword. Each answer has four letters.

- ACROSS  
1 Association  
5 Stockings  
6 Level  
7 Left on a map  
DOWN  
1 Chomp  
2 Zero  
3 Functions  
4 Crooked



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## Taste of the Beaches returns in May.

Northern Beaches Council are bringing back the month-long food and wine festival after the festival's success in both 2021 and 2022.

After summer falls into autumn, who then creeps into winter, local beverage and food businesses traditionally enter a quiet period. This festival is Council's way of attracting visitors during the slower season.

'Taste of the Beaches promises to showcase the best on the Beaches with unique experiences offered by local cafes, restaurants and breweries,' says Northern Beaches Mayor Sue Heins. 'The festival celebrates our area as a destination for incredible food and wine, craft beer and coffee while supporting local businesses to platform their unique fare.'

Northern Beaches Council has opened expressions of interests for local businesses to get involved in the festival.

Taste of the Beaches has currently replaced Taste of Manly, which has been

paused pending review.

'Many in the community expressed disappointment about the necessary changes,' says Mayor Heins. 'This year we are reviewing how we can best run the event in the future to meet our regulatory

obligations while also meeting community expectations.'

**For businesses interested in Taste of the Beaches, visit [www.northernbeaches.nsw.gov.au/things-do/whats/taste-beaches/taste-beaches-expressions-interest](http://www.northernbeaches.nsw.gov.au/things-do/whats/taste-beaches/taste-beaches-expressions-interest)**



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The Post - Edition 54, 1 April 2024

**"NOTICE PURSUANT TO SECTION 12 (1) (h1) OF THE REAL PROPERTY ACT 1900 ('ACT') OF INTENTION TO REMOVE MORTGAGE NO. F830288 USING POWERS AVAILABLE UNDER SECTION 12(1) (d) OF THE ACT.**

**APPLICATION TO REMOVE MORTGAGE NO. F830288 (AT678340) BY EDWARD LAWRENCE COOK**

The above mentioned Application has been made under section 32(6) of the Act to remove mortgage No. F830288 to John Harris and Annie Harris ('Mortgage').

The mortgage sought to be removed affects the land in folio identifier 8/23022 being 41 Woodcourt Road, Berowra Heights NSW 2082 owned by the Applicant.

We intend to register the Application and remove the Mortgage from Folio Identifier 8/23022 unless, within one (1) month from the date of this notice you lodge at this office:

1. Submissions as to why the Application should not be registered and or
2. Pursuant to section 74F of the Act, a caveat on form o8X prohibiting the granting of the Application, accompanied by the prescribed fee ( currently \$165.40).

**Enquiries : AT678340 KS LEG10, Tel: (02) 87763575**

**Email : [ldr@nswlrs.com.au](mailto:ldr@nswlrs.com.au)**

**Date : 1 April 2024**

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